

Man arrested in complex maple syrup robbery.



For those who like their maple syrup hot, this makes for tasty, if rather complex reading. A convoluted plan to syphon off over 500 tons of the sweet stuff over 15 years was foiled. Following that, an even more complex 12-month arrest operation ended yesterday.

Pay attention now, it goes something like this. The man in question, working at Desève Maple Syrup, a bespoke, family distillery that produces some of Canada's finest syrup, took with him after work each evening one shot of the sweet stuff inside his thermal water bottle.

Strict security checks at the distillery failed to detect the "sweet water" bottled within his empty lunchbox. In his 15-year career, the man is said to have accumulated over 500 tons. It is now known that the man was waiting for the syrup to become a sought-after and highly priced "Desève Vintage," before putting it up for sale on the black market. Certain connoisseurs – obviously with pancakes of high aspirations – are willing to pay a hefty price for the precious vintage liquid.

The man's long and complicated arrest occurred by way of a police officer, of the aforementioned connoisseur variety, who was on the lookout for a vintage, and who was offered the 500 tons – in one load. As no syrup of this type had ever been reported missing, the theft was almost impossible to prove. Almost. After 12 months of consuming sample after sample, and no doubt after having accumulated pound after pound around the waist, the police officer's well-trained palette finally recognized and proved the syrup was of Desève origin. So, to make a long and complicated story very short, the man – and his sticky fingers – are now awaiting trial.

If you find there's a lot of information here for your morning commute, I kind of agree, and think there must be a simpler way to tell this story. But with a pressing deadline, that was the best I could do. Sorry. But, as it seems I have some extra space, lets try again to simplify it:

A convoluted plan to syphon off over 500 tons of the sweet stuff over 15 years was foiled. An even more complex

12-month arrest operation ended yesterday. The man in question took with him after work each evening one shot of the sweet stuff inside his thermal water bottle.

Strict security checks at the distillery failed to detect the "sweet water." In his 15-year career, the man accumulated over 500 tons. It is now known that he was waiting for the syrup to become a sought-after and highly priced "Desève Vintage" before putting it up for sale on the black market. Certain connoisseurs pay a hefty price for vintage liquid.

The man's long and complicated arrest occurred by way of a police officer on the lookout for a vintage, who was offered the 500 tons – in one load. As no syrup of this type had ever been reported missing, the theft was almost impossible to prove. After 12 months of consuming sample after sample, the police officer's well-trained palette finally recognized and proved the syrup was of Desève origin. So, for the second time, to make a now even longer and more complicated story even shorter, the man – and his sticky fingers – are now awaiting trial.

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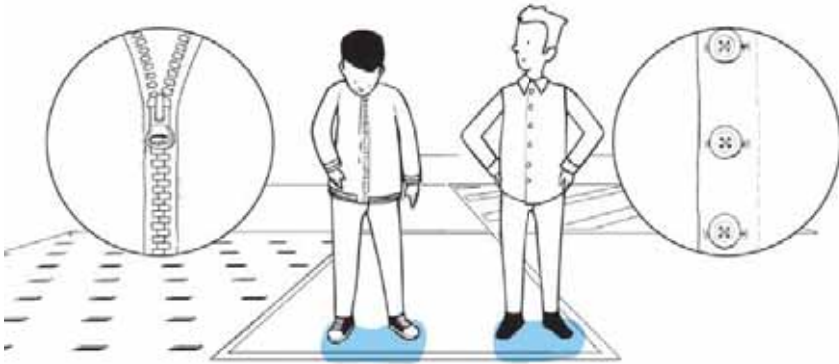
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Volkswagen technology explained simply in pictures

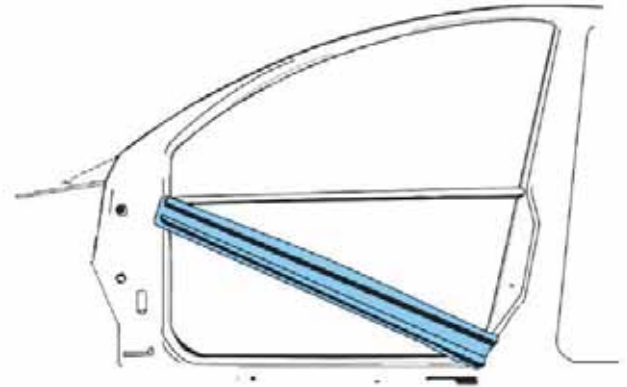
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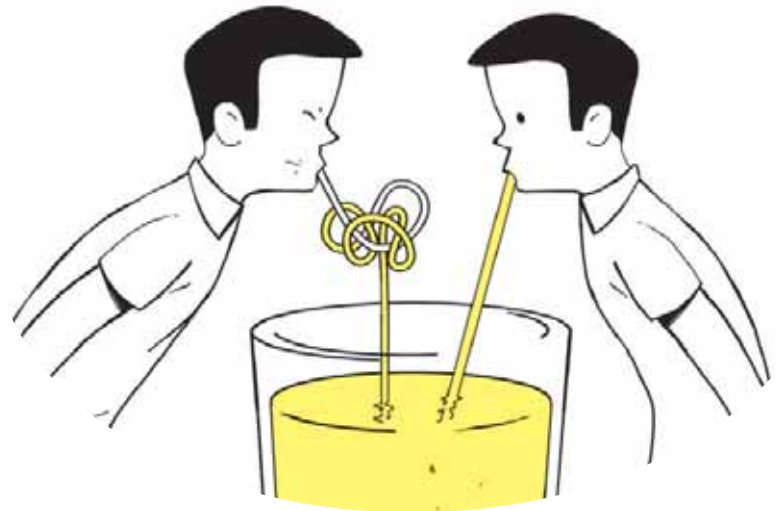
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Feature spread: Veteran finds meaning amid the madness

PAGE 22-23

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PAGE 12



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The geek shall inherit the mirth

Suit up and geek out. Popular Hal-Con opening floor for free, draws first Star Wars actor, Doctor Who

**HALEY RYAN**

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For the first time, those Halifaxians a little unsure of their place in the local geek scene can check out part of Hal-Con for free.

The fourth annual sci-fi, fantasy and gaming convention takes place at the World Trade and Convention Centre Friday through Sunday, with dozens of first-floor vendors and exhibits open to the public.

"We looked at finding ways to bring in people that maybe are unsure," said Joni Crocker, Hal-Con's director of communications. "(Hopefully) now they've had the taste, they want to stay."

Crocker said lots of comics, books, toys and "geeky merchandise" will be on sale around the first floor, and the ability to see people shopping in costume is a "bonus."

Star Wars' Lando Calrissian, played by Billy Dee Williams, is one of the biggest guests this year. Crocker said she's "very excited," since Williams is the first Star Wars actor to visit Hal-Con.

Doctor Who fans will likely be out in full force to see Peter Davison, the fifth incarnation of the Doctor, who appeared on the BBC series from 1981-84.

Other guests include Jewel Staite (Kaylee from Firefly), Garret Wang (Harry Kim on Star Trek: Voyager) and comic book artists and novelists.

Crocker said the costume contest on Saturday is a fan favourite, with over 80 per cent of people making their own outfits.

But there are still lots of people who don't dress

Not just costumes

Weird and wonderful workshops

- Scrounging for steampunk; zombie makeup on a budget; the ethics of Dr. Who; adult origami knitting for geeks; basic Vulcan language and calligraphy; Klingon beers; and how to train like a superhero.

up, Crocker said, and there are always people who only know a couple sci-fi shows but enjoy the weekend anyway.

"There is really something for everyone," Crocker said. "It's just a really great time."

Crocker said the convention should bring in nearly 7,000 people this year.

You can visit hal-con.com for ticket prices and a full schedule of events.

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Music fundraiser

Gottingen Street for Scott Jones

The Halifax music community will be coming together to support Scott Jones with the help of Gottingen Street businesses.

On Nov. 28, Gottingen Street for Scott Jones will take over the Marquee Ballroom, the Company House, the Bus Stop Theatre, Alteregos, Menz Bar and Plan B for a night of music and performance with artists including Paper Lions, Erin Costelo, Rouge Fatale, Quake Matthews, Heather Green, Billie Dre and the Poor Boys and El Jones.

Jones is a 27-year-old music teacher from New Glasgow who was stabbed over Thanksgiving weekend. His spine was severed and he has been left paralyzed by the attack.

"To have these performers and businesses come together in my name is overwhelming," said Scott Jones. "This is going to be an amazing night and I am so thankful for their support and love."

Organizer Georgia Richards said the event is a chance to help Scott financially and to recognize his message of hope and positivity.

"It is also a chance to take a stand against intolerance — we won't stop speaking up, protecting each other and making our community feel safe," Richards said. **NEW GLASGOW NEWS**



Scott Jones FACEBOOK



The apartment complex under construction where a worker fell to his death on Thursday. JEFF HARPER/METRO

Worker dies after fall from roof

Construction. Dept. of Labour investigating second accident at Clayton Park site



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A man in his 20s died Thursday morning after falling from the top floor of a worksite in Clayton Park.

Halifax Regional Police spokesman Const. Pierre Bourdages said police were called to the scene around 11 a.m. The man fell from the top of

a sixth-storey apartment building under construction at 110 Greenpark Close.

He suffered life-threatening injuries in the fall, and died a short time later at the scene while being treated by paramedics.

"I can't imagine how this young man's family must be feeling, and my thoughts are with them during this extremely difficult time," Labour Minister Kelly Regan said in a release issued on Thursday afternoon.

Bourdages said police interviewed the other workers after the building was evacuated.

The man's name is being withheld pending notification of family.

Workplace deaths

28

The number of workplace deaths in Nova Scotia so far this year. There were 32 in 2012

Police said they have no information as to what the man was working on, or if he was wearing safety gear.

"It's not determined at this time exactly what he was doing," Bourdages said.

On Oct. 11, a 25-year-old man fell less than 10 feet from scaffolding on the same building and injured his legs.

The province's department

of labour issued a "time based order," allowing work to continue with safe ways to access the roof, spokesperson Chrissy Matheson said at the time.

A compliance order was issued for a safe-work plan and training for the construction company, but department spokesman Chad Lucas said on Thursday that wasn't due to begin until later in November.

The department is investigating Thursday's accident, and a stop-work order has been issued for the site until it's determined to be safe.

"We are committed to finding answers quickly about what caused today's tragic incident," Regan said.

11 NEWS

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Arrest of armed and dangerous wanted men a 'good catch': Police

Truck rammed police car. Andrew Hudder, Brandon Mombourquette remanded to Burnside jail after being apprehended roadside



HALEY RYAN

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Halifax police say they are "relieved" after two men wanted on warrants were arrested Wednesday night after months on the run.

Andrew Jason Hudder, 26, and Brandon Joseph Mombourquette, 28, were both said by police to be armed and dangerous and travelling in Atlantic Canada. Around 10:40 p.m. on Wednesday, officers pulled

More charges

Police say Andrew Hudder and Brandon Mombourquette have more charges facing them following Wednesday's arrest, including drug possession, assault and possession of a stolen vehicle.

over a pickup truck in Halifax with three men inside on Macara near Agricola streets.

Police spokesman Const. Pierre Bourdages said he didn't know if the officers were aware Hudder and Mombourquette were inside.

Bourdages said the driver of the truck rammed "head-on" into an unmarked police car in an attempt to get away before a second police car boxed them in.



Andrew Hudder is facing two counts of attempted murder. HALIFAX REGIONAL POLICE

The truck was reported stolen from Dartmouth a few weeks ago, Bourdages said.

Hudder and a second man were arrested at the scene, and Bourdages said Mombourquette was arrested on Bilby Street after running away.

Police were seeking Hudder on a Canada-wide warrant in relation to a shooting in Halifax on Nov. 3, 2012, where a gun was fired at a male passenger in a taxi driving down Robie and McCulley streets.

He faces two counts of attempted murder, two



Brandon Mombourquette will be charged on several weapon offences.

counts of assault with a weapon, and nine weapons offences.

Mombourquette was arrested in 2009 after a loaded handgun was allegedly found in a vehicle. He was charged with several weapons offences but didn't show up in court on

March 1, so police issued a warrant for the Atlantic region.

"We're relieved that they've finally been arrested," Bourdages said.

"It's a good catch, and hopefully we'll be able to bring them to court and make them answer."



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Three facing charges

Rifle, silencer, drugs seized during apartment search

Three people are facing charges after police say they seized weapons and drugs after executing a search warrant an apartment on the Old Sambro Road.

Halifax police say the department's guns-and-gangs unit executed the search on Wednesday afternoon and found a rifle, ammunition, silencer, cocaine, marijuana, cash and drug paraphernalia.

Two men aged 38 and 21, and a 46-year-old female, were arrested inside the apartment in the 300 block of Old Sambro Road.

METRO

Failed both times

Man charged after break-in attempts

A 21-year-old man is facing charges after someone tried breaking into two homes in Halifax early Thursday. The first attempt happened on Charles Street, the other was at Clifton Street.

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N.S. auditor general Lapointe to retire

Seven years in the job. Will be remembered for uncovering questionable expense claims against four politicians

The man best known for exposing questionable expense claims by members of the Nova Scotia legislature

is retiring. Jacques Lapointe, who has served as the province's auditor general since March 2006, announced Thursday he will leave his position as of Jan. 31.

Lapointe released a report in 2010 on constituency allowance spending that resulted in charges against four politicians, who later pleaded guilty to fraud and other related charges.

Premier Stephen McNeil said the report helped bring Lapointe's work into the public spotlight, but the auditor general will also be remembered for holding departments and cabinet ministers accountable.

"The followup he's been doing on a consistent basis, with what they've done with those recommendations, has caused departments to

Position vacant

Premier Stephen McNeil said the search for a new auditor general will begin shortly, and it's hoped the government will fill the post by the time Jacques Lapointe retires.

take those recommendations much more seriously than



Auditor General Jacques Lapointe has announced his retirement. THE CANADIAN PRESS

they were in the past and making sure the changes are being implemented," said McNeil.

Prior to his current post, Lapointe served as assistant deputy minister and chief in-

ternal auditor for the Ontario government.

McNeil said Lapointe consistently delivered on his mandate to ensure taxpayers' money was spent efficiently and properly. THE CANADIAN PRESS

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'A time crunch.' Relaunch of Yarmouth ferry service

Nova Scotia's economic development minister says he's hopeful a ferry service will be up and running between Yarmouth and Maine by next spring as planned, but Michel Samson admits the project is in a "time crunch."

A deal to resume the ferry link was announced in September by the previous NDP government nearly four years after it scrapped a subsidy for the money-losing service.

At the time, the government said STM Quest, a joint venture between U.S.-based companies ST Marine and Quest Navigation, had agreed to run a daily service from Yarmouth to Portland from May 1 until Oct. 31.

Samson said the government is still waiting on the company to confirm that it has



Michael Samson METRO FILE

met all the conditions of the deal set out by the province. Under the deal, the province would provide the company with a \$21-million fully forgivable loan over seven years. Of that, \$10.5 million would go towards startup costs in the first year with another \$1.5 million set aside annually for marketing. METRO

No one hurt

Passenger ferry runs aground temporarily when power fails

A passenger ferry ran aground briefly on Thursday after losing power and drifting off the Nova Scotia coast with about 60 passengers and crew on board.

Mark MacDonald, president and CEO of Bay Ferries Ltd., says the Princess of Acadia was able to dock around 2 p.m. after it

regained power and could pull into Digby.

MacDonald says it's not clear what caused the power failure, but all passengers disembarked after it docked and no one was hurt.

The ferry was coming into port from Saint John, N.B., at around noon when it lost power and started to drift, causing its stern to touch ground about 200 metres from the dock.

He says the crew dropped anchor, examined the hull and determined there was no damage to the ship.

DIGBY COURIER

Psychiatrist raises red flags in Glen Race case

Is he criminally responsible? Man convicted of two murders claimed to be vampire killer

A psychiatric expert says a man who believed he was a godlike warrior dispatched to kill vampires should not be held criminally responsible for murdering two Halifax men in 2007, but Dr. Hy Bloom says he's still troubled by certain "red flags" in the bizarre case.

Bloom told Nova Scotia's Supreme Court on Thursday that it was difficult for him to reconcile the fact that Glen Race had the self control to fatally stab his victims, hide their bodies and vehicles, then flee to within 12 metres of the Mexican border in two weeks, even though he was apparently

Conclusion

The court hearing concludes Friday with final arguments from the Crown and defence.

suffering from intense psychotic delusions.

In a brief submitted to the court, Bloom said he was initially concerned Race could be exaggerating symptoms of schizophrenia.

"He appears to have considerably more wherewithal than one might generally attribute to an individual who was purportedly psychotically disturbed enough to commit the killings," Bloom wrote.

Race approached much of what he did in a calculated way, Bloom said. The accused, he said, excelled at hiding evidence, evading police, making getaway plans that spanned 5,000 kilometres and seeking information about his court proceedings.

Bloom also cited recorded telephone conversations Race had with his father while he was in jail awaiting trial. During those conversations, Race was particularly interested in learning more about the process of being found not criminally responsible for his crimes.

"It troubles me," Bloom told the court. "I don't think I'm able to resolve this to the 'enth degree."

After reviewing a huge

court file and interviewing Race for 20 hours earlier this year, Bloom concluded that Race has suffered from schizophrenia and psychotic delusions for more than 12 years.

"I had no concerns that this was conjured up after the jig was up," Bloom said.

The Toronto-based psychiatrist also found that Race, 32, is a highly intelligent man who could suppress his delusions when focused on a specific task.

"I think he was fairly gifted at being able to do that," Bloom said, comparing

Race's mind to a computer program that can flip from one screen to the next.

Race pleaded guilty in September to first-degree murder in the death of Trevor Brewster and second-degree murder in Paul Michael Knott's death.

However, defence lawyer Joel Pink filed an application to have his client declared not criminally responsible because he suffers from a chronic mental illness that Pink says left him incapable of appreciating that the murders were morally wrong.

THE CANADIAN PRESS

Assessment

Race knew murders were wrong: Expert

Dr. Hy Bloom said there's no question Glen Race knew what he did was legally wrong, given the efforts he made to avoid arrest.

However, Bloom said Race has indicated in previous interviews that he knew the murders were

also morally wrong, a key test for the application of a not-criminally-responsible defence.

In one instance, Race said he hated having to kill the two men. In another interview, he said what he did was "terrible."

Still, Bloom said that he concluded, on the balance of probabilities, that Race couldn't have made that rational decision at the time of the killings.

THE CANADIAN PRESS



Glen Race, facing first-degree murder charges in the deaths of Michael Knott and Trevor Brewster, heads from provincial court in Dartmouth on Nov. 19, 2010. ANDREW VAUGHAN/THE CANADIAN PRESS FILE

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Parsons review delayed until court cases conclude

Child-porn charges yet to be resolved.

Expert originally had until April to deliver his final report

A review of how the justice system handled the Rehtaeh Parsons case could interfere with the court proceedings of two men, the expert hired to conduct the examination said Thursday.

Murray Segal, a former Ontario chief prosecutor, said he will now wait until after the case has concluded to complete his review of police and the Public Prosecution Service.

"It's only recently that I've come to this conclusion," said Segal in Halifax, adding he may need to speak with witnesses involved in the original investigation as part of the review.

"It's possible that those people may be witnesses in the outstanding proceedings — I don't know. To that end, my



Rehtaeh Parsons FACEBOOK

preference has become to just let the court proceedings go on in the normal course."

Police laid child-pornography-related charges against two 18-year-old men in August after investigators said they had received new information and reopened the case.

Segal said he met with Parsons' family this week and they are supportive of the delay.

He said while it's impossible to predict how long the case will be before the courts, he predicted a six- to nine-month delay for his final report.

Segal said he's already met with Parsons' family a few

Quoted

"It became my conclusion as I got into this ... that it would be best and I could do a more thorough report once the charges were dealt with in court." Murray Segal

times as part of the review, as well as police, the Public Prosecution Service and officials in the mental-health sector.

Justice Lena Diab said she's supportive of the move, as proceeding with the review could jeopardize the court proceedings.

Parsons was 17 when she was taken off life support after attempting suicide in April following months of bullying.

Her family alleges she was sexually assaulted by four boys in November 2011 and a digital photo of the incident was passed around her Dartmouth school. ALY THOMSON/FOR METRO



Murray Segal, conducting a review of how police and Nova Scotia's Public Prosecution Service initially handled the Rehtaeh Parsons case, arrives at a news conference in Halifax on Thursday. ANDREW VAUGHAN/THE CANADIAN PRESS

Province stepping up snow-clearing efforts



A new Tow Plow on display at a press conference in Burnside on Thursday. JEFF HARPER/METRO

The province's Transportation Department will be clearing Nova Scotia roads a little differently this winter, in some cases before the snow even hits the ground.

The provincial government is expanding its anti-icing program, which involves a liquid solution of water and rock salt that is sprayed on roadways up to 16 hours before a predicted snowfall to prevent snow from bonding with the surface.

"It enables us to clean the roads very quickly afterwards," said Barb Baillie, executive director of maintenance and

Quoted

"Anti-icing was piloted last year and we saw dramatic results from it."

Barb Baillie, N.S. Transportation Department

operations at the department, adding that the solution will be used on about 70 per cent of 100-series highways.

The province has also bought two new tow plows at \$80,000 a piece that can clear two lanes of a twinned highway at the same time — a first for

Nova Scotia.

"It speeds up the process and clears the roads much faster," said Baillie in front of a projection screen showing the tow truck in action in the U.S., where they are widely used to help clear highways with several lanes.

Baillie was speaking at a press conference in Burnside, where the new technology was on display.

One of the bright orange tow trucks will be stationed on Highway 102 between Truro and Halifax, while the other will serve Highway 125 in Syd-

ney.

Baillie said five tankers will be spraying the anti-icing solution provincially, covering 200 to 500 kilometres of road per truck.

"It's quite exciting for us because it's always easier to prevent the ice buildup than to burn it off with salt. It's quite expensive to do that," she said.

Transportation and Infrastructure Renewal Minister Geoff MacLellan said the snow-clearing initiatives will make driving on Nova Scotia roads safer.

ALY THOMSON/FOR METRO

Bayers Lake

Grand theft Apple: Macbook Pro stolen from store

Police in Halifax are asking for the public's help identifying a man who stole a laptop from a store in Bayers Lake.

Police say the man entered a Best Buy on Sept. 25, took an Apple Macbook Pro and left



Do you know who this man is? CONTRIBUTED

the store without paying for it.

The Macbook Pro is valued at over \$2,600.

Police say the man is in his 20s, with a slim build, short brown hair, brown beard and moustache.

At the time of the incident he was wearing a black jacket, black ball hat and dark pants.

Anyone with information on the identity of the man is asked to contact police or Crime Stoppers.

METRO

Off-shore wreck

Meeting sought with feds over MV Miner removal

Nova Scotia's transportation minister says he hopes to meet with his federal counterpart in the next couple of weeks to discuss the fate of a derelict ship that's been abandoned off Cape Breton for two years.

Geoff MacLellan says his department is working on setting up a meeting with Lisa Raitt in Ottawa.

The MV Miner ran aground during a tow in September 2011 and became stranded off the coast of Scatarie Island, a provincially protected wilderness area.

Former premier Darrell Dexter called on the federal government to remove the ship, but Ottawa refused to

take responsibility for the wreck.

A salvage company had agreed to do the work but eventually walked away from the job, citing concerns with bureaucratic hurdles and calling on the province to pay for expenses.

MacLellan says discussions with Ottawa can start fresh now that Nova Scotia has a new government.

THE CANADIAN PRESS

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Lest we forget ...

There's no shortage of places to honour Canada's veterans on Monday, with Remembrance Day ceremonies taking place across the municipality. Services will be held at Point Pleasant Park and Grand Parade in Halifax, among other parks and legions. METRO FILE

Coal mining in Springhill again?

Possibility of 40 jobs created. Mayor confirms study taking place to examine feasibility of extraction

Could the days of coal mining in Springhill make a comeback?

Nova Construction presently operates the Pioneer Coal Mine in Stellarton, an open-surface mine and the only operational coal mine left in the province. Springhill Mayor

Max Snow has learned the company is conducting a feasibility study on potential coal mining in Springhill.

Mayor Snow confirmed he has learned a private feasibility study is taking place to look at possible coal extraction in or near Springhill, but does not know the full extent of the details.

According to the mayor, a consultant for Nova Construction of Antigonish was conducting interviews at a number of homes on lower Junction Road, but could not pinpoint the exact location where coal extraction is being considered, or if it would even be within

More details

Springhill Mayor Max Snow confirmed the land in question is privately owned and he has been in contact with a representative for Nova Construction.

town limits.

"One can only go out so far before they're into the county," Snow said. "I do understand there's a possibility of creating 40 jobs over the next four years."

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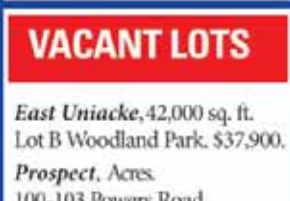
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Looking to crack slumping lobster prices

Fishing for a boost.

Fisheries ministers agree teamwork needed

An independent panel set up to examine slumping lobster prices in the Maritimes is calling for a levy on each pound caught to pay for a marketing campaign aimed at boosting the fishery's profile.

The three-person panel was set up by the Maritime provinces to look at the erosion of lobster prices that has harmed processors and harvesters in an industry that is crucial to rural

Quoted

"If people want to continue to make a living, we're going to have to work together on it."

Nova Scotia Fisheries Minister Keith Colwell

areas and injects about \$1 billion into the region's economy.

The report released Thursday recommends a levy of one cent per pound to be paid by fishermen, and another cent per pound to be paid by the onshore side of the industry, including buyers and processors.

Panel member Lewis Creed

estimates this would raise approximately \$2.5 million annually.

The report recommends 85 per cent of the funds raised by the levy go to advertising campaigns run by the Lobster Council of Canada. The remaining amount would go to support an institute that would provide fishermen with timely information on the prices being offered to harvesters before they land their catch.

Ron MacKinley, the fisheries minister for Prince Edward Island, said he believes the lobster industry can increase demand for its product if it follows the lead of other businesses. **THE CANADIAN PRESS**

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OUTFITTERS



Nova Scotia Music Week gets under way

Singer-songwriter Chris Brown, also known as The Brown, performs on The Coast 89.7 Stage at the Holiday Inn Sydney as part of Nova Scotia Music Week, which began Thursday. The event runs through Sunday.

CAPE BRETON POST

Barracks building blaze

Police say Cornwallis fire in former barracks suspicious

Six fire departments responded to another fire

in the former barracks in Cornwallis Park, one police are calling suspicious.

Firefighters were paged out just before 8 a.m. Thursday and found the upper story of empty barracks building fully engulfed in flame.

Firefighters doused the fire from above with aerial

ladders while interior attack teams chased hot spots through the upper story attic crawl spaces.

No one was in the building.

This is the second fire in one of the former barracks buildings in the last two months.

NOVA NEWS NOW



Janet MacDonald sits next to her father George Hyde, whom she cares for full time. CAPE BRETON POST

She might leave her father at the hospital

Caregiver. Woman says she's left with no options as she goes into surgery

A Cape Breton woman says she might be forced to drop her bedridden father off at Glace Bay Hospital's outpatient department next week.

Janet MacDonald said she is scheduled for emergency surgery Tuesday and health-care officials are telling her there are no respite-care beds available for her father George Hyde, whom she cares for full time.

"I'm frustrated there are no policies put in place for caregivers in an emergency situation."

MacDonald said she is not cancelling her surgery, which will see her in the hospital for four days.

"I know this sounds terrible, but they are leaving me with no option. I love my father

Quoted

"My understanding is that she is refusing the offers that we made."

Greg Boone, director of public affairs for the Cape Breton District Health Authority

er to death. I need to know he's going to be in a safe place and getting substantial care that I can't give him in my absence."

MacDonald said she has been caring for her father full time for four years.

She said her father can't be left alone.

"He can't even get out of bed by himself. When he does get up it's only for about two hours tops."

At first MacDonald thought she'd have to cancel her surgery. She said a respite co-ordinator told her there were no beds available between Cape Breton and New Glasgow.

She said the first option she was given by the health-care

officials was to cancel her surgery.

"The second thing they told me to do was get a neighbour in to sit with my father. My father has to be with an RN, someone who understands his feeding tubes."

MacDonald said she was also told a respite bed could be provided in another area of the province.

"He would be transported by ambulance. I don't think my father should have to go through that type of suffering."

Greg Boone, director of public affairs for the Cape Breton District Health Authority, said facility-based respite care is a provincial continuing-care service that is delivered by the districts across the province.

Boone said options have been offered to MacDonald, including a respite bed outside the district. He said she was also offered support in the home above and beyond what she currently receives.

CAPE BRETON POST

Illegal restaurant. Cape Breton owner to enter pleas in dining-permit battle

The owner of what Nova Scotia Health Department officials consider to be an illegal restaurant is scheduled to return to provincial court in December to enter pleas on three charges.

Maureen Cook of South Harbour is charged with operating a food establishment without a permit, re-

sisting attempts by a food inspection to complete an inspection and two counts of failing to comply with an order. The offences are alleged to have occurred Sept. 6. The charges were filed under the Health Protection Act.

Cook operated the Down North Cook House from her

home and health officials had issued a public advisory in September cautioning people not to consume food or water from the facility.

Cook made a brief provincial court appearance Thursday and her case was adjourned until Dec. 5 when she is expected to enter pleas. CAPE BRETON POST

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Ford family flock to mayor's aid after release of profane video

'Rude awakening.'

Sister calls Ford a binge drinker but no addict, mother blames pressure

Members of Rob Ford's family sprang publicly to his defence for the first time Thursday amid a growing scandal that threatens to force Toronto's mayor out of office.

In an interview with TV station CP24, Ford's sister Kathy and mother Diane blamed the pressures of the job, his political rivals and relentless media hounding for his problems.

"The pressure that has been put onto him, since Day 1 since he was elected, it is not fair," his mother said.

His sister denied Ford was a drug addict or alcoholic and insisted he would stay on.

"I know because I'm a former addict," Kathy Ford said.

His sister did concede he tends to binge drink and make a "fool out of himself."

"When Robbie drinks, I think he just goes full tilt."

But Kathy said the problem pales in comparison to his achievements.

"My heart breaks for my son," Diane Ford said. "It really, really does, because he's been attacked."

She called the growing scandal — which includes a video showing Rob Ford apparently smoking crack cocaine and another showing him threatening to kill someone in a profane tirade — unfortunate.

"To err is human but to



The Toronto mayor's sister, Kathy Ford, left, and mother Diane in a screen grab from their interview with TV station CP24. METRO

forgive is divine," Diane Ford said. "Forgiveness isn't in the eyes of the media right now."

His family believes there's no need to send him to rehab, as many of his allies have urged.

The crisis has been a "rude awakening," they said, but both insisted he is strong enough to get through and continue on as mayor.

"All the good that he has done, that's all been overlooked," his mother said. "That's just so hurtful."

THE CANADIAN PRESS

Addiction expert weighs in

The latest video — in which Toronto's embattled mayor is clearly impaired and ranting maniacally — should be the final straw before he takes a leave to seek help, says an addictions expert.

- "It would seem that there's more evidence that this poor man is suffering from extraordinarily complex problems," said Ann Dow-

sett Johnston, a journalist who has chronicled her own battles with alcohol.

- "I'm watching an entire world laughing at him, and my feeling is one of deep and profound compassion.... I feel that his addiction is very public and his need for help is very evident and his situation is dire."

TORSTAR NEWS SERVICE

Ongoing conflict

Chief says he didn't know of new video

The chief of police says a new video of Mayor Rob Ford making death threats while "inebriated" is not part of an ongoing investigation into the mayor, his activities and associates.

Chief Bill Blair said he became aware of a cellphone video showing Ford swearing profusely while, in the mayor's words, "inebriated" after it was published Thursday afternoon.

"I'm not going to make any comment on the matter," Blair said Thursday.

The latest video comes after a week of stunning revelations about the mayor, including his admission earlier this week that he smoked crack cocaine about a year ago.

On Tuesday, the mayor's brother Coun. Doug Ford

called for Blair to step aside — a shift for the Ford brothers, who have long been adamant supporters of the chief and police.

Doug Ford alleged Blair was on a "witch hunt" and had a conflict-of-interest for going on a private fishing trip with police board member Andrew Pringle.

On Thursday, Blair simply said "No" when asked if he would resign and told reporters the trip was appropriate.

Police were told the mayor would not be attending the chief's annual gala for charity after Ford's office said he had been told not attend. Organizers for the gala said that was not the case and that the mayor was never "uninvited."

Blair also refused to confirm reports Thursday that the mayor was negotiating with police through his lawyer to view a video of him appearing to smoke crack cocaine. TORSTAR NEWS SERVICE



Coun. Doug Ford, normally a big supporter of the police, has called for Chief Bill Blair to step aside. CHRIS YOUNG/THE CANADIAN PRESS



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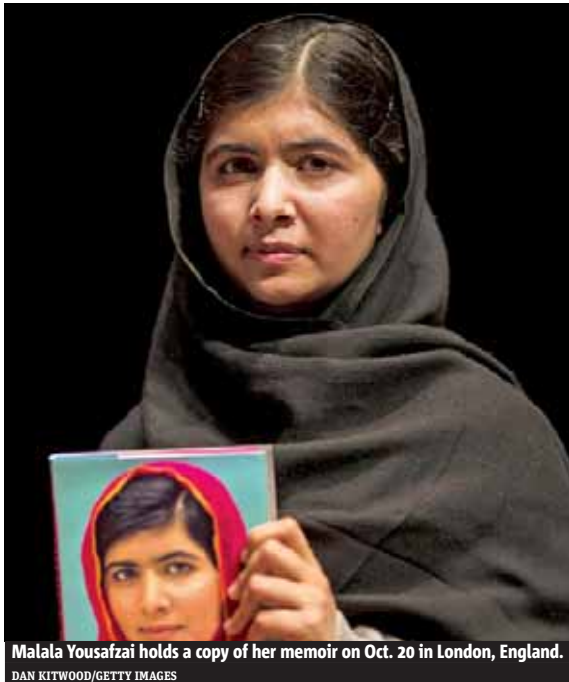
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Man behind Malala attack chosen new Taliban chief



Malala Yousafzai holds a copy of her memoir on Oct. 20 in London, England.
DAN KITWOOD/GETTY IMAGES

Pakistan. New leader of militant group appointed less than one week after death of predecessor in U.S. drone strike

The ruthless commander behind the attack on teenage activist Malala Yousafzai was chosen Thursday as the leader of the Pakistani Taliban, nearly a week after a U.S. drone strike killed the previous chief.

The militant group ruled out peace talks with the gov-

ernment, accusing Pakistan of working with the U.S. in the Nov. 1 strike. Islamabad denied the allegation and accused the U.S. of sabotaging its attempt to strike a deal with the Taliban to end years of violence.

Mullah Fazlullah was unanimously appointed the new leader by the Taliban's leadership council after several days of deliberation, said the council's head, Asmatullah Shaheen Bhitani. Militants fired AK-47 assault rifles and anti-aircraft guns into the air to celebrate.

The previous chief, Hakimullah Mehsud, was killed by the drone in the North Waziristan tribal area near the Afghan border. He was known for a bloody campaign that killed thousands of Pakistani civilians and security personnel, a deadly attack on a CIA base in Afghanistan and was believed to be behind the failed bombing in New York's Times square in 2010.

THE ASSOCIATED PRESS

Quoted

"We will take revenge on Pakistan for the martyrdom of Hakimullah."

Asmatullah Shaheen Bhitani, head of the Pakistani Taliban's leadership council, on the death of the group's previous leader.

Philippines. 'Catastrophic damage' predicted from year's strongest typhoon

The world's strongest typhoon of the year slammed into the Philippines on Thursday. It had been poised to be the strongest ever recorded at landfall.

"There will be catastrophic damage," said Jeff Masters, meteorology director at the private firm Weather Underground.

The U.S. Navy's Joint Typhoon Warning Center in Hawaii shortly before landfall said Typhoon Haiyan's maximum sustained winds were

314 km/h.

"There aren't too many buildings constructed that can withstand that kind of wind," Masters said.

Thousands of people have evacuated villages in the typhoon's path.

The only tiny bright side is that it's a fast-moving storm, so flooding from heavy rain — which usually causes the most deaths from typhoons in the Philippines — may not be as bad, Masters said.

THE ASSOCIATED PRESS

Duffy, Wallin, Brazeau

Ousted senators still eligible for pensions

The three senators at the heart of the Senate expenses scandal will continue to accrue eligibility for a generous parliamentary pension

during their suspension from the upper chamber.

The two years Patrick Brazeau, Mike Duffy and Pamela Wallin are expected to spend in political purgatory will count towards the six years of service needed to become eligible to collect a pension, the Senate says.

THE CANADIAN PRESS

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Escalon, California

Big-time walnut theft in U.S.

Authorities in California are looking for the thieves who made off with 63,500 kilograms of walnuts.

The theft, estimated at nearly \$400,000, occurred Sunday in the small town of Escalon. Investigators say it was one of the biggest to hit the booming industry. Last month, about 5,440

kilograms of walnuts worth \$50,000 were stolen from a trailer parked on a highway.

This time several truckloads of walnuts were taken from a facility. Authorities say rising prices — about \$2 per pound — is what appears to be driving the recent walnut thefts.

No arrests have yet been made.

Walnuts are California's fourth-leading agricultural export.

THE ASSOCIATED PRESS

Lesbian custody battle

Woman who donated an egg has parental rights: Court

The Florida Supreme Court has ruled that a woman who donated an egg to her lesbian partner has parental rights to the child, and on Thursday it ordered a lower court to determine custody and visitation

rights.

The case involves two women, identified only by their initials, who began raising the child together. One donated an egg that was fertilized and implanted in the other, who gave birth in 2004.

But the couple split up two years later, and the birth mother eventually left the country. The other woman calls herself the biological mom.

THE ASSOCIATED PRESS

Privacy debate at the United Nations

Surveillance. Motion at General Assembly urges extending privacy or anti-eavesdropping rights

Eavesdropping

U.S. officials declined to comment on the draft.

- "Dragnet surveillance of international communications is inconsistent with the International Covenant on Civil and Political Rights. It is indiscriminate and overreaching." Said Jamil Dakwar of the American Civil Liberties Union.

Brazil and Germany formally presented a resolution to the UN General Assembly on Thursday urging all countries to extend internationally guaranteed rights to privacy to the Internet and other electronic communications.

The draft resolution follows reports of U.S. eavesdropping on foreign leaders, including Brazil's President Dilma Rousseff and German Chancellor Angela Merkel, that angered and dismayed U.S. allies. But it does not

name the United States or any other nation as an offender.

General Assembly resolutions are not legally binding but they do carry moral and political weight.

THE ASSOCIATED PRESS

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Hip Station 16 gallery robbed

Untitled artwork, by Labrona. A Montreal gallery that hoped to make Canada a world-class destination for art tourism, riding the street-art wave that made Banksy a pop-culture phenomenon, has been dealt a major blow with the theft of \$50,000 in art. HANDOUT/THE CANADIAN PRESS





Carlos Enrique Perez-Melara, a former college student who developed an \$89 US program Loverspy and Email PI, is among five people added this week to the FBI's list of most wanted cybercriminals. FBI/THE ASSOCIATED PRESS

Loverspy. Developer on FBI's most wanted list

The FBI this week added to its list of most wanted cybercriminals a former San Diego college student who developed an \$89 US program called Loverspy or Email PI.

Sold online from his apartment, the program would send the suspected cheater an electronic greeting card that, if opened, would install malicious software that could capture emails and instant messages, even spy on someone using the victim's own webcam.

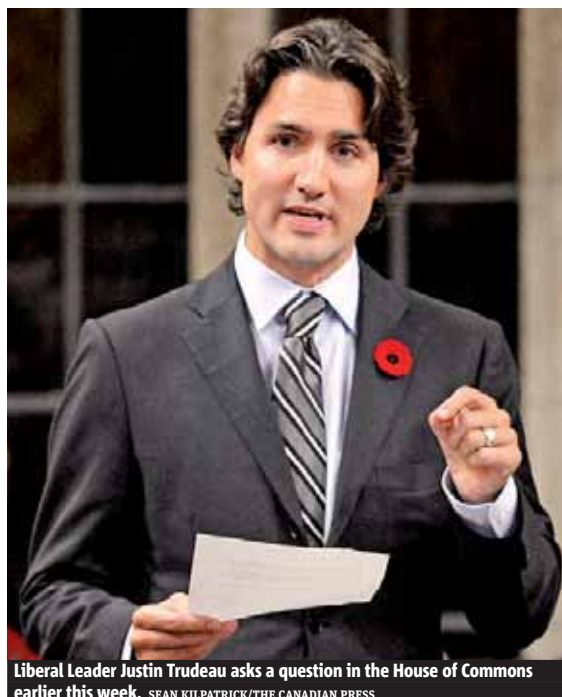
Carlos Enrique Perez-Melara, 33, has eluded authorities since his July 2005

indictment. His last known whereabouts were in El Salvador, where he was born.

Perez-Melara appears to have made relatively little money on the scheme, unlike others on the FBI list who were accused of bilking millions of dollars from businesses and Internet users worldwide. But Perez-Melara, who was in the United States on a student visa in 2003 when he sold the spyware, allegedly helped turn average computer users into sophisticated hackers who could stalk their victims.

THE ASSOCIATED PRESS

Twitterverse all atwitter over Trudeau 'ladies-only' e-vite



Liberal Leader Justin Trudeau asks a question in the House of Commons earlier this week. SEAN KILPATRICK/THE CANADIAN PRESS

Invitation to fundraiser. Hundreds joined the pile-on, pouring on the sarcasm and mockery

A Liberal fundraiser aimed at capitalizing on leader Justin Trudeau's popularity among women is being denounced as sexist and patronizing by his political foes — and even by some Liberals.

The backlash started instantly late Wednesday when Trudeau tweeted that he was looking forward to "cocktails and candid conversation" at the \$250-a-head event in Toronto on Thursday.

Fighting back

"Get a grip, people. It's an e-vite, not a platform."

Amanda Alvaro, organizer of the fundraiser, in a tweet following the Twitter-storm.

The accompanying electronic invitation to "Justin Unplugged" features stylized close-ups of the leader with a come-hither stare and the message: "Ladies, you're invited to (really) get to know the future prime minister."

Scribbled in grade-school cursive font around the margins are a series of questions: "What's your favourite virtue?" "Who are your real life heroes?" "What is the biggest issue facing women?"

The resulting Twitter-storm was fierce, generating its own hashtag: #askjustin.

"Who organized this? Barbie?" tweeted Lisa Kirbie, a Liberal commentator.

The organizer of the fundraiser, Amanda Alvaro, fought back, tweeting that the event was "organized BY women, FOR women with a (clearly) intriguing e-vite designed to inspire dialogue."

Trudeau himself took to answering questions posed by people under #askjustin.

THE CANADIAN PRESS

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PQ goes all in on controversial religion bill

Confidence measure.

Tabling of proposed ban on religious clothing would have triggered election if opposition had blocked it

The Parti Québécois has raised the political stakes on its controversial religion bill.

It has expressed a willingness to trigger an election on Bill 60, which if adopted would restrict religious clothing for employees of virtually all state institutions.

On Thursday, it declared the tabling of the bill a meas-



Quebec Premier Pauline Marois
THE CANADIAN PRESS

ure of confidence in the government. That meant the opposition would have forced an election by blocking its introduction.

It's still unclear whether

the PQ will continue, in the coming weeks and months, to treat the bill as a matter of confidence in future votes.

Premier Pauline Marois held a news conference after the bill was tabled and said she believes the proposed legislation will unite Quebecers.

"We want this debate to take place in a serene atmosphere — a serene and respectful atmosphere," she said.

"It is a great moment for our society. This is a beautiful day for Quebec."

In tabling Bill 60, Parti Québécois cabinet minister Bernard Drainville said it would guarantee the equality of men and women as well as the religious neutrality of the state. **THE CANADIAN PRESS**



Prince William observes as doctor performs surgery

Britain's Prince William, the Duke of Cambridge and president of the Royal Marsden NHS (National Health Service) Foundation Trust, watches as lead surgeon Pardeep Kumar performs surgery for the removal of a bladder tumour on a male patient during a visit to the Royal Marsden hospital in London on Thursday. **LEFTERIS PITARAKIS/THE ASSOCIATED PRESS**

Soccer in Iran

Let women watch: FIFA president

FIFA president Sepp Blatter is urging Iranian authorities to end the ban on female soccer spectators in stadiums. Thursday's remarks by Blatter came after talks with Iranian officials including Parliament Speaker Ali Larijani. In 2007, Iranian filmmaker Jafar Panahi showed girls who dressed as men to sneak into soccer matches in Tehran.

THE ASSOCIATED PRESS

Population decline

German women not doing stork's work

Statistics show more than one woman in five in Germany remains childless even though the government spends more than 50 billion euros (\$67 billion) each year to boost birth rates. Even by generous estimates, Germany's population of 80 million is predicted to drop by 10 per cent by 2050.

THE ASSOCIATED PRESS

NOTICE REMEMBRANCE DAY Collection & Processing Services Garbage/Organics/Recyclables

Residents of Halifax Regional Municipality are advised that there will be NO garbage, organics or recyclables collection services on Remembrance Day, Monday November 11, 2013. Collection services for that day will be provided the preceding Saturday November 9, 2013.

Collection services can begin as early as 7am. To ensure collection, residents can place materials curbside the evening prior to collection day.

No Collection Monday November 11	➡	Collection will occur the preceding Saturday November 9
Otter Lake Facility Closed Monday November 11	➡	Otter Lake Facility Open Saturday November 9 7 am - 7 pm
HRM Recycling Plant Closed Monday November 11	➡	HRM Recycling Plant Open Saturday November 9 7:30 am - 6 pm

For more information on HRM's composting and recycling programs, check your 2013 collection schedule or visit our website at www.halifax.ca/recycle.

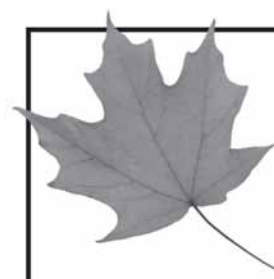
HRM's residential Household Hazardous Waste (HHW) Depot will be closed Saturday, November 9 but will be open on Saturday November 16, 23 and 30 from 9 am - 4 pm.



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Street Leaf Clean-up Begins

On Tuesday, November 12th, HRM Transportation and Public Works will begin its annual street leaf clean-up program.

For approximately four to six weeks, leaf removal will be completed on heavily treed streets in areas of Downtown Halifax and other areas of the Peninsula as required.

HRM residents are encouraged to manage fall leaves on their property. You can mulch, mow or compost on site. Excess leaves and yard material can be placed by your green cart on collection day for curbside pick up.

When placing materials curbside for collection, HRM residents are reminded of the following:

For curbside pick up of leaves: up to 20 bags can be placed out on your collection day in colourless clear, orange plastic or heavy paper bags. Each bag must weigh no more than 25 kg or 55 lbs.

For curbside pick up of yard material: up to 5 tied armful bundles of branches can be placed out on your collection day. Each bundle must weigh no more than 34 kg or 75 lbs. Bundles can be a maximum of 4 ft in length and 8 inches in diameter.

In accordance with HRM's Streets By-Law 300, Section 43, residents shall not sweep or deposit leaves in the gutter or roadway. The potential for street flooding is greatly increased when catch basins are clogged with leaves.

For more information, please visit www.halifax.ca/recycle or call 311.

HALIFAX
REGIONAL MUNICIPALITY

Stylish stealth. Clothing concept design deters drone cameras

As George Orwell's darkest fantasies over state surveillance continue to come true, many of us feel powerless to resist. Enter New York-based artist Adam Harvey with his range of 'Stealth Wear' clothing, including a burqa design, integrating metallic fibers to throw off drone cameras and infra-red sensors.



drones are used. Having the ability to control or reduce your thermal signature can empower the wearer.

How much cover do you think your designs could offer the wearer?

I want to provide enough cover to prove that the concept works, yet not so much that I'm raising red flags. They could offer more. However, engineering a complete thermal cloak would be difficult since heat must be transferred somewhere, not only reflected.

Did you worry at all about trivializing drones, given the damage they do in places like Pakistan?

This work is meant to serve the interests of anyone living in an environment where

Who do you see as potential buyers for such products? Would you sell them in Pakistan?

Yes, hopefully anyone anywhere drones are used. Of course, to become more effective, the prices should be lower.

Do you feel this is unique or are you part of a wider movement for anti-surveillance clothing?

There's a big movement that's growing everyday. For example, privacy design and counter-surveillance classes are now offered in school, including at New York University.

METRO

\$20,000 suit straight out of a James Bond movie

Bulletproof. Suit will serve both practical and novel purposes, says creator

If you're going to pay thousands of dollars for a business class plane ticket to a potentially dangerous foreign country, paying \$20,000 for a bulletproof suit to keep you safe when you get there doesn't sound that outrageous after all.

That's the pitch Michael Nguyen, owner of high-end men's tailor shop Garrison Bespoke, is giving to sell the pricy suits to the corporate commandos of Bay Street.

At the Ajax Rod and Gun Club on Tuesday, Garrison Bespoke held a demo of their suit, shooting it repeatedly with different calibre handguns as it was worn by a dummy.

The suit saved the dummy from every shot but one,



A marksman from the Ajax Rod and Gun Club in Ajax, Ont., puts Garrison Bespoke's bulletproof suit through its paces. JESSICA SMITH/METRO

which landed between the lapels where there was no protection, striking and puncturing the vest underneath.

There are two distinct types of clientele who have pre-ordered the suit, according to Nguyen.

"The first one actually needs it from a functional standpoint," he said. "A lot of our clients work in industries that deal with oil, gas and diamonds, and often travel to different parts of the world and

are meeting people for the first time. They don't know who to trust, but they know they've got a family back here in Toronto."

It's important for these businessmen that the suit doesn't look bulletproof, which would send the wrong message to clients, but still protects them, he said.

"The second is the type of client who would buy a high-powered sports car and drive it in Toronto," he said. "In To-

ronto, to have a car with 1,000 horsepower isn't very functional. But it is very cool. In the same way their wife will be collecting china or a Fabergé egg at home, they'll have a bulletproof suit."

The best-known bulletproof suit maker is Colombia's Miguel Caballero, who is known to screen his clients so the suits of amour don't end up helping criminals.

Nguyen has no such plans.

"Whatever line of work our client is in, we're here to provide a service, and a level of protection for anyone who needs it," he said. "Some people turn around their life and we want to be a second level of defence for them."

Nguyen started researching bulletproof clothing after one his clients was shot, and survived.

"It's been six months in the making. We've been searching throughout the world for the right technology," Nguyen said.

JESSICA SMITH/METRO IN TORONTO

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What do you think of our army?



getting into World War Three."

Chris Blyde, 13, London



"They are important warriors who defend us through night and day. For me it's all about respect for them."

Jason Gervacio, 14, Halifax



"I think they're doing a good job and they're not overextending themselves and they're not fighting battles that they don't need to fight."

Jared Hamm, 13, Saskatoon

What does Nov. 11 mean to you?



"A day to remember all that they've done for us and remember that they put their lives out there just so we could live and we could be safe."

Amanda O'Brien, Halifax, Grade 7



"I'm remembering all those people who not just fought but also died or maybe didn't make it in the war."

Keegan Mason, Calgary, Grade 9

"Remembrance Day to me means all the soldiers that protected us from all the war so we wouldn't have to live in a life that is all about war."

Brandon Gladue, Edmonton, Grade 6

You've got Seoul: Vet's spirit buoyed by pen pal

Remembrance Day.

Frank Bayne is still haunted by what he saw during the war, but his influence on a young Korean woman's life has helped him find meaning in his suffering



JOE LOFARO
Metro in Ottawa

When Frank Bayne closes his eyes at night, he sees Korea.

He doesn't see the towering skyscrapers of present-day Seoul, or the men and women in suits strolling below, tapping at smartphones bigger than their hands.

What the Guelph, Ont., resident sees are flashbacks of his 14-month service in the final year of Canada's third-bloodiest conflict, the Korean War.

He was manning artillery guns at the peak of Sang Seung observation point, northeast of the South Korean capital in 1953, when, beneath him, in a valley, enemy Chinese soldiers shot his friend Lt. Gerry Meynell in the head and then gunned down another friend, Lt. Doug Banton.

At least 514 other Canadians also lost their lives in the 1950-1953 war.

The lasting effects remain after 60 years for veterans like Bayne.

"My wife says she knows when I'm dreaming because my legs are thrashing around like I'm running," said Bayne.

"In the last year, I had one really, really bad nightmare where she had to wake me up because I was whimpering."

But Bayne, 86, has found a way to deal with his suffering.

He started writing to seven schoolgirls in South Korea about 20 years ago through a partnership created by the Korean Veterans Association of Canada.

One girl, named Choi Jeong-Won, has kept the pen-pal tradition alive to this day.

As a child, she would write about her life in Korea, her school, and day-to-day goings-on in the life of a typical South Korean teenager.

In her adult life she wrote one time about feeling like she had disgraced her family by failing her bar exam for the



Canadian veteran John Stuber receives a hug from Pastor Won Seong-Jae April 26 as dozens of people greeted Korean War veterans at the Busan train station. JOE LOFARO/METRO IN OTTAWA



Vet Joel Beaman stands next to the Canadian Korean War Monument in Gyeongju. JOE LOFARO/METRO IN OTTAWA



Korean War veteran Frank Bayne poses with his longtime Korean pen pal Choi Jeong-Won at a restaurant in Seoul in April 2013. CONTRIBUTED

first time.

"So I wrote her back and said, 'You know, I failed many times and please keep trying,'" said Bayne.

Bayne met her for the first time last April at a Seoul hotel while he was there for a visit organized by Veterans Affairs Canada.

In January, the federal government declared 2013 the Year of the Korean War Veteran and sent 36 vets to mark the 60th anniversary of the Korean War Armistice.

"When we met at the hotel she said that (letter) inspired her to keep on going," said Bayne proudly.

She is now in her early 30s and is a lawyer for a shipping company in Seoul, Bayne said. They've exchanged more than 45 letters.

"I feel that I've contributed to having the country the way it is today; that has allowed

her to do what she's done," said Bayne. "If we hadn't gone there, the whole thing would have been a whole different story."

He has the camaraderie of his fellow veterans, but he said his relationship with Choi puts a human face on the progress South Korea has made in the last 60 years.

On Monday at his home he was preparing to send a new, handwritten letter to Choi. Tucked inside the envelope will be a Canadian Remembrance Day coin as a small token of his thanks.

He recalled her gesture of gratitude when she treated him to dinner after their hotel meeting.

En route to the restaurant in a taxi, the driver got out of the cab, bowed to him and thanked him for his service.

"People in the restaurant, again, they all thanked me for

saving the country. It was quite an experience," said Bayne.

Reflecting on his journey back to the bustling metropolis, Bayne said the federal government's declaration of the Year of the Korean War Veteran has helped Canadians remember.

Several people have approached him asking him to speak about the war. This week he was scheduled to speak at a school in Guelph, at the local Royal Canadian Legion, and at a Remembrance Day ceremony.

"In the past, it really was a forgotten war," said Bayne. "And of course it used to make me angry, it used to make quite a few of us angry because people ... always referred to it as the Korean conflict. When somebody would say that I would interrupt and say, 'Well, when I was there, it sure as hell sounded like a war to me.'"

How Canada got involved

25th

The war started on June 25, 1950, when North Korean military forces crossed the 38th parallel into the Republic of Korea.

Other countries

15

Canada joined the war effort in Korea in support of the 15 other United Nations members, including the U.S., Australia, the U.K., and New Zealand, to help defend South Korea.

Quoted

"If we are to avert the danger that threatens the free world, we must marshal in increased resources available to resist aggression."

Canadian prime minister Louis St. Laurent on Aug. 7, 1950.

UN involvement

- The United Nations became the first international organization in history to vote in favour of using force to stop an aggressor.
- In response to the North Korean invasion, Canada recruited an army brigade called The Canadian Army Special Force to assist the UN-led mission.
- At the time, prime minister Louis St. Laurent wanted as close to as many troops as in the Second World War as possible.

Troops

26K

Canada deployed 26,000 troops, eight destroyers, and more than 22 RCAF fighter pilots throughout the three-year war effort in the Korean peninsula.

SOURCE: VETERANS AFFAIRS CANADA, CBC RADIO ARCHIVES

Senator speaks on what the Korean War means to her

In 1953 an armistice split civil-war-torn Korea in two along the 38th parallel.

Soviet-backed communist North Korea pursued a policy of economic independence and isolationism, and its economy and the welfare of its people has progressively worsened under a succession of totalitarian dictators.

South Korea meanwhile has improved its lot, transferring from a military dictatorship to democratic elections in 1987 and electing its first civilian president in 1993. The country has grown into a high tech and manufacturing powerhouse with a GDP of \$1.13 trillion US in 2012. It's considered the world's 12th largest economy.

Canadian Senator Yonah Martin came to Canada in 1972 and is the first woman of Korean descent to be appointed to the Senate.

She says Canada's fight

Quoted

"I owe my life to those who went to Korea and served."

Senator Yonah Martin

in the Korean war was worth it.

"I would not have been born, I would not be here today. So I owe my life to those who went to Korea and served," Martin told Metro.

"The Korea today is unrecognizable, as everyone knows, from the time of the war where Korea was literally the second poorest country in the world and the Canadian sacrifice has not gone unnoticed. Korea was still a developing country back then and I'm amazed every time I return at what Korea has become."

JOE LOFARO/METRO IN OTTAWA



A young interpreter with the South Korean army gives a thumbs up as a bus carrying Canadians who fought in the Korean War drives by at the Sang-Seung Observation Point on April 23. JOE LOFARO/METRO IN OTTAWA

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Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 5

metronews.ca/temp

Random biz fact of the day

76%

Looks like it's time to retire DontPlayHate69@hotmail.com — 76 per cent of CVs are ignored if your email address is unprofessional.

SOURCE: NEXCAREER

Payback

Who gives a Hoot about the interns?

Work in the high-tech sector can be volatile at the best of times. More than 25,000 digital media employees call Vancouver home. It's typical to work on a project, finish it and move on to the next opportunity.

It's feast or famine — especially famine if you're not getting paid.

Social media giant HootSuite, valued at over \$1 billion, faced intense public scrutiny in April for hiring unpaid interns for positions that legally required financial compensation.

Vancouver-based HootSuite admitted their guilt. "We will immediately rectify the issue by offering full payment, including interest incurred, to unpaid interns who had roles within our company," CEO Ryan Holmes said in a statement. **MATT KIELTYKA/METRO**



GETTY IMAGES

Temp is Conflicted Over Co-worker's Firing

Sarah No. 2 got the axe just before lunch: the curse of jeans day. To be practical, a company selling itself to China doesn't need someone to plan its long-term e-commerce solution. Her firing happened quickly, too. One moment she was lecturing about the excessive number of time-expired dairy products in the lunchroom fridge, the next she was standing in the lobby with a cardboard box full of generic desktop crap.

"I suppose you're happy to see me go," she said.

"Not really. I've never had to dumb myself down with you."

She gave me a judge-y looking sigh. "The world's not one big joke, you know, Shannon." She turned around to look at the dumping rain while waiting for her ride — which didn't seem to be coming. Looking out at the parking lot she got philosophical. "You know, I think that in the future we're going to look back on the 40-hour work week with three per cent unemployment as a social failure — everyone was busy, but no one was actually doing anything meaningful. Yes, you were busy all day, but so what?"

The phone rang. "Just a moment, Sarah..." "Good morning,

Taylor, Wagner & Kimura Filter Systems, a proud patriotic company since 1899. One moment, I'll connect you." I put down the receiver. "Sorry, you were saying?"

"I was saying that I think a 40-hour work week may well seem as odd and cruel to future citizens as seven-year-olds working in Victorian cotton mills does to us."

I thought about this. "I think you're right. Where's your ride?"

"According to my most recent text, it's stuck in traffic across town."

I quietly phoned Sarah a cab, and when it showed up, I gave

To be practical, a company selling itself to China doesn't need someone to plan its long-term e-commerce solution.

her one of my taxi chits: "If it means anything, Sarah, the fridge grosses me out, too. It makes me think of Gwyneth Paltrow in *Contagion*, especially that scene in the morgue when they slice open her skull."

"Thank you, Shannon. I think that in your own way, you're being quite sweet." She gave me a small smile and hopped in the cab. It made me wonder if I ought to be nicer to the remaining Sarahs.

I looked at my watch... Lunch! Woohoo — freedom! Tattered back issues of *InStyle* magazine by the coffee maker! Last night's pasta in a Ziploc tub! Guys making lewd jeans day ass comments!

I sent Mr. Xu a quick text about our evening plans, and



Random fact of the day

Facebook founder Mark Zuckerberg is red-green colour blind.

- This explains why Facebook is blue — it's the best colour Zuckerberg can see.

SOURCE: TIME.COM



was leaving the front desk when the fire alarm went off and Rick from receiving ran into the office from the factory floor. "Holy crap, the warehouse is on fire!"

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Kenya. At least 1.4M people want to see alleged rapists prosecuted

A wave of outrage has grown in Kenya since word has spread that a 16-year-old girl was gang raped and thrown into a pit latrine in this western Kenyan town, with the alleged attackers told to cut grass at a police post, and then let go.

Nearly 1.4 million people have signed an online petition put up by the activist group Avaaz calling for prosecution of the young men and an investigation of the police who freed the suspects.

Kenya's political heavyweights are also speaking up. Supreme Court Chief Justice Willy Mutunga last weekend said he had forwarded the matter to the National Council for Administration of Justice for "immediate action." Foreign Minister Amina Mohamed said

Two surgeries later

"She is doing very well. They are hopeful she will walk again."

Lydia Muthiani, the deputy executive director of the Coalition on Violence Against Women, a group that has taken up the case.

that "as a woman and a mother I am outraged and angered by this inhumane, traumatizing and inexcusable violation."

The teen is currently confined to a wheelchair because of the physical trauma from the attack. She has undergone two surgeries — one for a fistula and another for spinal surgery, according to the Coalition on Violence Against Women.

THE ASSOCIATED PRESS

Moving forward

U.S. Senate passes gay-rights workplace bill

The U.S. Senate approved legislation outlawing workplace discrimination against gay, bisexual and transgender Americans, demonstrating the nation's quickly evolving attitude toward gay rights nearly two decades after Congress rejected same-sex marriage.

THE ASSOCIATED PRESS

UBC campus

Police get tips in sex assault cases

Officers probing a series of sexual assaults on the University of British Columbia's Vancouver campus have received more than 100 tips in the two days since a composite drawing of the suspect was released. RCMP Sgt. Peter Thiessen says the tips have provided information in the case involving six attacks on women since April.

THE ASSOCIATED PRESS

Canada's spy watchdog says new rules needed

Amid allegations. Canada's electronic eavesdropping agency faces claims that it is illegally seizing citizens' telecommunications

The head of Canada's main spy watchdog says stricter

oversight — and possibly legislation — are required to help keep an eye on federal intelligence agencies.

Chuck Strahl, chairman of the Security Intelligence Review Committee, says that as spy services work ever more closely together, there must be ways for watchdogs to do the same.

Strahl says he has no complaints about the review committee's ability to get

information from the Canadian Security Intelligence Service, the agency he and fellow committee members monitor.

But he says it's a different matter when other spy agencies and government departments enter the picture.

Strahl flags the concern amid increasing calls for more comprehensive oversight of Canada's spy community, particularly in

light of allegations about Communications Security Establishment Canada, the national eavesdropping agency.

Liberal public safety critic Wayne Easter tabled a private member's bill in the House of Commons on Thursday to create a national security committee of parliamentarians that would have access to top-secret information. **THE ASSOCIATED PRESS**



Banker and astronaut join forces to show off new \$5 bill featuring Canadarm

Former Canadian astronaut Chris Hadfield, right, and Bank of Canada governor Stephen Poloz pose for the cameras in front of a mockup of the Canadarm at a Canadian Space Agency ceremony to officially issue the new \$5 polymer note, which features the robotic Canadarm2 and Dextre, in Longueuil, Que., on Thursday.

RYAN REMIOW/THE CANADIAN PRESS

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Exploration

Exploring caves is dangerous work, says John Ackerman.

- “I’ve had it all happen: rock falls, near drowning, being stuck, running out of lights,” he says. “Again, what I do (is) inherently dangerous, but the rewards for me, that’s the payoff.”
- He doesn’t charge admission to the nature groups, scientists and cavers who visit. It’s a hobby made possible by his successful furniture restoration business, he says.
- “To protect them so that they’re available for scientific research. That’s what keeps me going. That’s the adrenaline rush,” he adds.
- “Caves are scarce,” Ackerman says. It’s important to protect them for future exploration.
- All this beauty hidden beneath the farm fields of Minnesota and Iowa.

One man’s passion: A private cave network

Minnesota & Iowa.

John Ackerman’s private underground empire is open for everyone to explore

John Ackerman is a big-time landlord of subterranean real estate.

Ackerman, 59, owns Spring Valley Caverns, the largest private cave in Minnesota but just the beginning of his underground empire, which he calls the Minnesota Cave Preserve.

He holds the keys to more than 40 miles of caves hidden beneath the rolling farm fields of Minnesota and Iowa and is always seeking more.

“I think it’s just to be able to introduce light into the inky blackness of just unknown

Dangerous, but well worth it



“It’s really an underground paradise. It’s unbelievable down there.”

John Ackerman, 59, owner of the Minnesota Cave Preserve.

He controls than 40 miles of caves hidden beneath the rolling farm fields of Minnesota and Iowa.

chambers that may go for miles,” he said of his motivation. “And then later it’s to protect them so that they’re available for scientific research. That’s what keeps me going. That’s the adrenaline rush — what’s around the next corner?”

Once he finds a cave, Ackerman says he approaches the landowner to buy some surface land with underground rights to the rest of

the land. He then has an entrance drilled.

On a recent trip to Spring Valley Caverns, which covers some 5 1/2 miles, Ackerman wore a light on his red helmet to pierce the darkness. Dripping water was the only sound, and bats, just beginning to move into the cave to hibernate, were the only animal in sight.

It was chilly; Ackerman says the cave stays a consist-

ent 48 degrees. A remote section of the cave has a roaring river and a room big enough to hold a house, Ackerman said.

Exploring caves is dangerous work, he added.

“I’ve had it all happen: rock falls, near drowning, being stuck, running out of lights,” he said. “Again, what I do (is) inherently dangerous, but the rewards for me, that’s the payoff.”

Ackerman is divorced and has three grown children who aren’t interested in taking over the caves.

He has approached the Minnesota Land Trust about preserving them, something the organization is weighing, according to a spokesman. “It’s my wish to make sure the scientific community has access to all these caverns when I’m long gone — perpetual access.”

THE ASSOCIATED PRESS



John Ackerman poses in a shaft entrance to his



Who'da thought?

German Engineers.
That's who.



Das Auto.

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NEWS

27



Temple of Doom, one of the 37 caves on his property near Spring Valley, Minn. He has spent \$4 million on cave exploration and rights. JEFF BAENEN/THE ASSOCIATED PRESS

Type 'A' caver

Dedicated to caving, but walking a rocky road

E. Calvin Alexander Jr., an earth sciences professor at the University of Minnesota, describes Ackerman as both a friend and "one of the most Type A personalities that I've run into in a long, long time."

"He has single-handedly made available to scientists more miles of cave passage in Minnesota than anyone by far," Alexander said.

His pursuit of caving hasn't always gone smoothly. Ackerman skirmished with the Minnesota Department of Natural Resources after the department bought a cave and erected a gate in 1999 to preserve it and keep out trespassers.

In 2004, Ackerman bought some adjoining surface land along with underground rights to part of that cave and drilled a 75-foot shaft to reopen it to cavers.



John Ackerman gives a closeup look at his Spring Valley Cavern. THE ASSOCIATED PRESS

"That sort of thing rubbed people the wrong way," said Dean Wiseman, a spokesman for the National Speleological Society, a non-profit dedicated to exploring and conserving caves.

"He chose a course of action that some people disagreed with."

Ed Quinn, a resource manager in the DNR's Division of Parks and Trails, said his division had no issues with Ackerman nor any plans to pursue any of his caves.

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Twitter has never made a profit but is valued at \$31B

News worth tweeting about. Social network hits the New York Stock Exchange and flies much higher than expected

Shares of Twitter went on sale to the public for the first time Thursday, instantly leaping more than 70 per cent above their offering price in a dazzling debut that exceeded even Wall Street's lofty hopes.

By the closing bell, the social network that reinvented global communication in 140-character bursts was valued at \$31 billion US — nearly as much as Yahoo Inc., an Internet icon from another era, and just below Kraft Foods, the grocery conglomerate founded more than a century ago.

The stock's sizzling per-

Twitter goes where it's never gone before, the NYSE



Twitter gave users the opportunity to ring NYSE's opening bell instead of executives.

- The users included Sir Patrick Stewart, Capt. Jean-Luc Picard in Star Trek: The Next Generation; Vivienne Harr, a 9-year-old girl who ran a lemonade stand for a year to raise money to end child slavery; and Cheryl Fiandaca of the Boston Police Department.

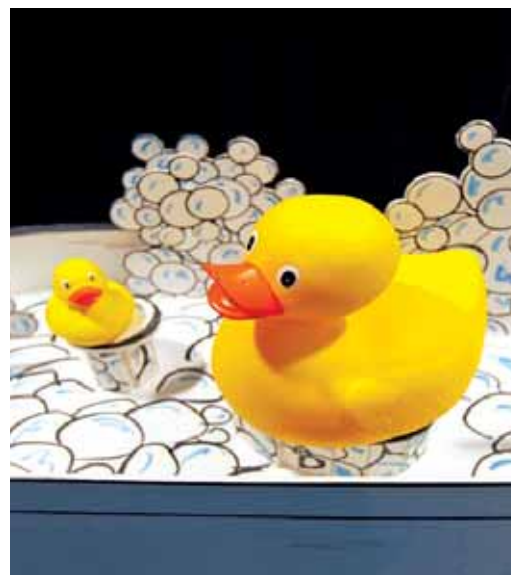
formance seemed to affirm the bright prospects for Internet companies, especially those focused on mobile users. And it could invite more entrepreneurs to consider IPOs, which lost their lustre after Facebook's first appearance on the Nasdaq was marred by glitches.

Twitter, which has never

turned a profit in the seven years since it was founded, worked hard to temper expectations ahead of the IPO, but all that was swiftly forgotten when the market opened.

Still, most analysts don't expect the company to be profitable until 2015.

THE ASSOCIATED PRESS



Rubber duckie you're the one ... chosen for the toy hall of fame

Rubber ducks are on display during the National Toy Hall of Fame ceremony at the National Museum of Play at The Strong in Rochester, N.Y. The rubber duck and the ancient game of chess were inducted into the toy hall of fame Thursday. DEMOCRAT & CHRONICLE/CARLOS ORTIZ/THE ASSOCIATED PRESS

Random biz fact of the day

68%

68 per cent of employers will find candidates on Facebook.
BEHIRING/NEXCAREER



GETTY IMAGES FILE

Market Minute

DOLLAR
95.59 ¢ (-0.40¢)

TSX
13,294.20 (-86.21)

OIL
\$94.20 (-60¢)

GOLD
\$1,308.50 US (-\$9.30)

Natural gas: \$3.53 US (+1¢)
Dow Jones: 15,593.98 (-152.90)

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NOTHING LIKE WATCHING ICE CLEAR

1 #InADrunkenStupor. In the moment of 2013, Rob Ford admitted, "Yes I have smoked crack cocaine," adding "Am I an addict? No. Have I tried it? Probably in one of my drunken stupors." And then the hashtag #InADrunkenStupor went viral on Twitter. An astonishing day, an astonishing moment in time. A super funny hashtag. A mayor that is cracking under pressure.

2 Lynn Coady. The Edmonton writer took home the 20th annual Giller Prize for her short-story collection, *Hellgoing*, at a star-studded event in Toronto that had Jian Ghomeshi as host and George Stroumboulopoulos and Paul Haggis among the presenters. To make a long story short, this was only the fourth time in the award's history that a short-story collection won the coveted prize.

3 @MadeInCanada. One of the funniest Canadian Twitter accounts is Cause We're Canadian (@MadeInCanada), which has nearly 85,000 followers. It has tweets like "Stop saying sorry!" "Sorry!" #CanadianProblems" and "We all watch the zamboni, just to make sure he doesn't miss a spot. #CanadianProblems." If this were a coffeetable book, I would ask for it for Christmas.

4 Hockey Night in Canada Song Quest. You have until Nov. 20 to send your hockey-inspired song to CBC's Song Quest competition. If you win, you get to record a studio version of your song



THE METRO LIST

Neil Morton

metronews.ca

with Joel Plaskett and get to watch as it's aired at the start of a Hockey Night in Canada broadcast. The only thing I'm capable of is an extremely bad karaoke version of Bon Jovi's 'Livin' on a Prayer'.

5 Small-town moment in big city. A Berlin street musician was performing the '80s classic *Smalltown Boy* by Bronski Beat when he was joined in the performance by the song's singer, Jimmy Somerville, who was out walking his dog. Just watch, when I'm singing 'Livin' On A Prayer' some day at a karaoke bar, Bon Jovi will walk in and join me.

6 Five-year-old's Make-A-Wish. Miles, a little boy fighting leukemia, is a HUGE Batman fan. He will get to play his fave superhero

Nov. 15 when thousands of volunteers through the Make-A-Wish Foundation help transform San Francisco into Gotham City for the boy. Miles will be Batman for a day, and do things like capturing the Puzzler in the act of robbing a downtown vault. Awesome.

7 YouTube Music Awards. The inaugural awards show had a decidedly raw feeling to it — in keeping with so many YouTube videos. The live webcast was directed by Spike Jonze, and the hosts Jason Schwartzman and Reggie Watts worked without a script and Lady Gaga performed wearing just a black cap, sunglasses and a plaid shirt. Yes, mainstream indie is in.

8 Katy Perry. She showed her tremendous Twitter power this week when she overtook Justin Bieber to take over the No. 1 position of Twitter followers, with nearly 47 million followers. (Lady Gaga is No. 3, Taylor Swift No. 4 and President Obama No. 5.) I am closing in quickly with 890 followers.

9 Dwight Howard. Some wondered whether the star NBA player would ever return to the "Superman" form of his Orlando Magic days. After a dreadful year with the L.A. Lakers last year, his back has healed and his Houston Rockets are expected to make a title run — they are off to a 4-1 start. Yes, the Kryptonite is gone, and redemption is sweet.

10 The story of Twitter. A new book, *Hatching Twitter*, by New York Times reporter Nick Bilton brings to light the power struggle between the four founders as they built the startup that has now become one of the biggest social networks in the world — and just went public this week. If you don't want to buy it, no worries: I will tweet the entire book out word for word.

11 Miley Cyrus. She launched a redesigned website this week and the only way to describe it is butt ugly. Actually there are more ways to describe it: It's like a nine-year-old designed it. It's like a GeoCities page circa 1995. It's like Hannah Montana on an acid trip decided to be a web designer. Go to MileyCyrus.com and see what I mean.

Or don't.



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FOR THE LOVE OF THE MUG

Guess which mug belongs to which Metro temp? Is your mug chipped, stained and wrapped with a slogan such as 'A Griswold Christmas'? Send us a picture of the mug you use to readers@metronews.ca and we'll share it on our TEMP blog: iamtemp.tumblr.com

Photos by David Van Dyke



Vawn (the temp behind TEMP) Himmelsbach. One of the oddest assignments I've had as a temp is, well, posing for a photo along with my coffee mug.

While my mug accurately describes my personality, ironically, I have very little to say about it.



Matt (the desk defender) Kindred. My mug is from my apartment. It was given to me by my wife. I bring it to every temp position because I think it brings me good luck. The handle is large and therefore perfect for my grip, it does not heat up when coffee is poured into it.

Also, I love cartoons so anything with a drawing on it is great.



Mila (the travelling temp) Petkovic. The mug is a favourite of mine because it's bright, happy and silly. It reminds me to be light-hearted and just laugh at life when the going gets tough. What's the point of complaining or getting stressed? Life is just so much more enjoyable when you can find the humour in it. Wow, I've never thought so deeply about a mug before!



Clickbait



LUKE SIMCOE
Metro Online

Twitter's debut on the stock market Thursday may go down in history as the day Wall Street learned social media is about more than Justin Bieber and pictures of your lunch. Let's see what was trending on the site the day it went public.



THE ASSOCIATED PRESS

#Movember:

The annual moustache-growing challenge in support of prostate cancer was a hot topic Thursday, as Twitter users collectively complained about itchy beards and disgruntled girlfriends.

#meshcon:

Twitter's IPO coincided with the annual Mesh Conference in Toronto, an annual gathering of digerati looking for new ways to disrupt old paradigms. There

was plenty of live-tweeting.

#throwbackthursday:

Not even Twitter's public offering could stop users from posting old photos of themselves as angry teenagers.

#votearianagrande:

Canadian tweeps seemed to favour singer Ariana Grande, who's neck and neck with Austin Mahone in one of MTV's never-ending series of social media contests.

Twitter



@metropicks asked: A Liberal fundraiser for women called Justin Unplugged features chats on virtues and heroes. What should @JustinTrudeau discuss? #askjustin

@ejshillington: Justin, how I deal with cellulite AND an economic downturn AT THE SAME TIME?

@mirabw: Will women be allowed to vote with a pink pen in the next election?

@TerrenceCWatson: When @JustinTrudeau asks you what your favorite virtue is, the only answer he'll accept is "Your hair." #askjustin

@DrDawg: Can my Justin T-shirt be accessorized? #askjustinladyquestions

@_Moneypenny: Hey @JustinTrudeau, can you be a lady AND the big spoon?? #askjustinladyquestions

Follow @metropicks and take part in our daily poll.

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scope

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Synopsis

Each year on Nov. 11 we remember and celebrate "the men and women who have served, and continue to serve our country during times of war, conflict and peace." Remembrance Day is a time to pay respect to the sacrifices brave soldiers have made for our country. In observation The Reel Guys have compiled a list of movies to serve as a backdrop on this solemn day.

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



Paul Gross, left, and Caroline Dhavernas in a scene from *Passchendaele*, which is one of the most well-known movies featuring Canucks in battle. CONTRIBUTED

List of Remembrance Day gems, lest we forget

Enter the shoes of a soldier. The best movies to commemorate those lost in the horror of war from *Saving Private Ryan* to *Passchendaele*

Richard: Mark, the first war-themed film to really make an impression on me was *The Best Years Of Our Lives*. When I was a kid I watched it on television every November and although it's almost 70 years old the story of servicemen struggling to rebuild their lives after the Second World War is still timely and relevant. Perhaps it feels so authentic because the crew were all Second World War veterans and the main character, who faces discrimination after losing both hands in combat,

was played by real-life disabled vet Harold Russell.

Mark: Don't know the movie, Richard. I grew up in a family of cowards and war movies were forbidden. And I don't know who said it — probably not Snooki — that "all great war movies are anti-war movies." That being said, I like the P.O.W. genre, with incarcerated soldiers plotting to get out. *The Bridge On the River Kwai* is one of the greatest, with a fine performance by Alec Guinness, but let's also include *The Great Escape* with Steve McQueen, and a left-field choice, *Merry Christmas*, Mr. Lawrence starring David Bowie. Waaaaay left-field, Richard, if you get my drift.

RC: War films come in all shapes and sizes. If P.O.W. movies are your thing check out *The Hill*, a little known British

film that features one of Sean Connery's best performances. Set during the Second World War in North Africa, it's the story of a stockade run by Brits to punish deserters. Connery wedged it in between *Goldfinger* and *Thunderball* and it is a stark contrast to the work he was doing in the Bond films at the time. As for your second thought, which I suspect should be attributed to Steven Spielberg and not Snooki, two films pop to mind. *Saving Private Ryan* and *The First World War* drama *All Quiet on the Western Front*. Both are masterfully made films that show the brutal reality of war from the point of view of the soldiers.

MB: I've seen *The Hill*. It's great. But the best anti-war movie might be *Johnny Got His Gun*, a minimalist squirmer told from the point of view of a blind,

mute quadruple amputee. Fun times! And as far as soldiers on the ground, I would nominate *Black Hawk Down*, or *Platoon*, both of which put you right in the centre of a battle you may not be winning.

RC: We can't talk about war films so close to Remembrance Day without paying tribute to Canadian soldiers on screen. Paul Gross's *Passchendaele* is probably our best-known homegrown look at Canadians in battle but Hollywood has never shied away from depicting fighting Canadians. Canuck heroes are portrayed in *The Devil's Brigade*, *The Battle of Britain* and *Attack on the Iron Coast* among many others.

MB: Yes, Canadians excel in battle. Canadians also excel at harbouring war resisters, but I've yet to see THAT movie.

2 SCENE

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Lovers in a dangerous time

How I Live Now. Actor George MacKay talks about the high stakes of love and war



NED EHRBAR
Metro World News in Hollywood

Young British actor George MacKay isn't taking anything for granted in his career, with a number of films due out and more on the way. Chief among them is *How I Live Now*, Kevin Macdonald's adaptation about young lovers (MacKay and Saoirse Ronan) struggling to survive in a war-torn modern-day England.

This film is something of a surprise with its mix of elements and styles. I think that's down to Kevin, really. The source material, too. Meg Rosoff, who wrote the novel, is very no-nonsense. It's funny meeting her because she writes such a

moving book but at the same time she's very matter-of-fact and no bulls—. And that was carried on to the script and Kevin's filmmaking. It's very honest. And love is a serious matter. It's something that can be romanticized and heightened as it is, but stakes are high in a very serious way when we're in love, and it means the world to you, it is your world. So I think it's perfectly legitimate to look at it very seriously and have the stakes that high.

And you've got some intense geopolitical elements thrown in as well.

Yeah, this sort of faceless enemy that is sort of everyone today. Because the characters in the story are so blissfully unaware and in their own bubble, it's only when they're physically torn apart that it becomes a real, real reality. So we didn't feel the need to be specific about who's actually invading. I don't think they went home and watched the news at the end of the day and kept



How I Live Now opens next Friday. CONTRIBUTED

tabs on everything. I think they were just completely involved with each other.

Even before her character meets yours, Saoirse is pretty oblivious to world events.

It's that thing today. It's bad that it happens so often that you get numb to it. I think that's more of a comment on

people now, just people in general, like all the terrible stuff that's going on in Syria. It's daily that things are happening, and you see it, but until that is your own mother blown to bits or something, you kind of get numb to it, which is terrible in a way.

Besides this, you have several other films coming out

soon. How are you enjoying this part of your career?

It's lovely. I just love working. I think it's a novelty you can never take for granted because you never know when your next job is coming in, so you can only concentrate on what you're doing at the time and make the best of it and put everything you can into it. Until you're a kind of A-list or something, I don't think you can really plot your next move. You just have to take the opportunity when it comes if it's right and work your ass off to get it.

So what is that next opportunity for you?

The next work that I'll be doing is a film called *Pride*, which is a lovely true story from 1984. There was this gay rights activist who then teamed up with the miners and started collecting for the miners and became a massive source of money, and in turn the miners came to support gay rights and a bunch of movements got passed.



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Thor: The Dark World

Director. Alan Taylor

Stars. Chris Hemsworth, Natalie Portman

It's hammer time as Marvel superhunk Thor (Chris Hemsworth) battles the vengeful Dark Elves for possession of an ancient WMD with the power to destroy his home planet Asgard, Earth and all realms between. Also at stake are the lives of father Odin (Anthony Hopkins), astrophysicist sweetheart Jane Foster (Natalie Portman) and trickster brother Loki (Tom Hiddleston). Although convoluted, the movie nimbly juggles the story and the action.

RICHARD CROUSE

Welcome to white-washed Hollywood

Racial issues.

African-American actors and filmmakers have had a landmark year, but they remain under-represented on the big screen

Oprah Winfrey has heard this story before.

A wave of high-profile films about black people receives accolades. A heart-warming trend of greater on-screen equality is declared. Hollywood basks in its multiculturalism — and then returns to business as usual.

From the slavery odyssey 12 Years a Slave to the day-in-a-life drama Fruitvale Station, this fall has been a banner season for films of racial struggle told without white protagonists and largely by black directors. As one of the stars of the Civil Rights history Lee Daniels' The Butler, Winfrey is a proud player in a rare moment for African-Americans at the movies. But she and many others have



There's plenty of speculation 12 Years a Slave will win best picture at the Oscars this year. CONTRIBUTED

tired of celebrating occasional aberrations of what should be Hollywood's regular output.

"We've been through this before," says Winfrey. "I don't want it to be, 'Oh, gee, we had the 10 films and now it's another five years before you see another one.'"

2013 is a historical high-point for black-themed films,

a culmination of Obama-era cinema. But the filmmakers and actors who made this confluence happen are resolutely against being resigned to a mere trend story, soon to be followed by another lull in diversity.

Spike Lee, whose near-annual turnout has been a steady line through the undulations of the industry, disdains black

filmmakers being treated like "flavours of the year."

"Every 10 years, we have the same conversation: 'Oh, there's lots of black films being made,'" says Lee, who will release his revenge remake Oldboy later this month. "Then it drops off. It's not consistent."

Opening Nov. 29 is Mandela: Long Walk to Freedom, a sweeping biopic of the South Afri-

can leader starring Idris Elba. It joins a group of films that began with the Jackie Robinson drama 42 and runs through to the Langston Hughes adaptation Black Nativity, out Nov. 27.

If 12 Years a Slave, starring the British actor Chiwetel Ejiofor as Northup, goes on to win the best picture Oscar (a prediction of many — though certainly not all — Academy Awards onlookers), it would be the first best picture winner directed by a black filmmaker. The best actor category, too, is full of black contenders, including Ejiofor, Whitaker, Elba and Jordan. The Oscars (which Chris Rock once called a "million white man march") have increasingly served as celebratory breakthroughs in Hollywood's racial ceiling. For 2001, two black actors won the top acting prizes for the first time: Denzel Washington (Training Day) and Halle Berry (Monster's Ball). Dual wins for Morgan Freeman (Million Dollar Baby) and Jamie Foxx (Ray) followed for 2004, as did the combination of Whitaker (The Last King of Scotland) and Jennifer Hudson (Dreamgirls) for 2006.

THE ASSOCIATED PRESS

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Bayers Lake

190 Chain Lake Dr.

12 Years a Slave (STC) Fri-Thu 12-3-6:10-9:10
About Time (PG) Fri-Thu 12:40-3:40-6:30-9:55 Star & Strollers Screening Wed 11
All the Wrong Reasons (STC) Fri-Thu 10:05
Captain Phillips (PG) Fri-Thu 1-4-7:50
Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 12:15-3:15-6:45
The Counselor (14) Fri-Thu 10:20
Ender's Game (PG) Fri-Thu 1:25-4:30-7:25-10:15
Ender's Game: The IMAX Experience (PG) Fri-Thu 1:30-7:15
Enough Said (PG) Fri-Wed 1:30-4:25-7:35 Thu 1:30-4:25
Escape Plan (14) Fri-Tue 1:20-4:20-7:20-10:20 Wed 4:20-7:20-10:20 Thu 1:20-4:20-10:20
Free Birds (STC) Fri-Thu 12:20-3:20-6:25-9:25
Free Birds 3D (STC) Fri-Thu 12:40-3:40-6:35-9:35
Gravity 3D (PG) Fri-Thu 12:25-3:25-7:45-10
Jackass Presents: Bad Grandpa (14) Fri-Thu 12:35-3:35-7:30-9:50
Last Vegas (PG) Fri-Thu 1:15-4:15-7:40-10:15
Thor: The Dark World (STC) No Passes Fri-Thu 12:10-1:10-3:10-4:10-6-7:10-9-10:10
Thor: The Dark World — An IMAX 3D Experience (STC) No Passes Fri-Thu 4:30-10
Thor: The Dark World 3D (STC) No Passes Fri-Thu 12:30-12:50-3:30-3:50-6:20-6:40-9:20-9:40

Oxford Theatre
6408 Quinpool Rd.

All Is Lost (PG) Fri 6:45-9:15 Sat-Mon 4-6:45-9:15 Tue-Thu 6:45-9:15
Stand by Me (STC) Sat-Sun 1:30

Park Lane

5657 Spring Garden Rd.

Captain Phillips (PG) Fri 6:20-9:05 Sat 3:45-6:20-9:05 Sun-Mon 12:45-3:45-6:20-9:05 Tue-Thu 6:20-9:05
Ender's Game (PG) Fri 6:50-9:30 Sat-Mon 1-3:40-6:50-9:30 Tue-Thu 6:50-9:30
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Jackass Presents: Bad Grandpa (14) Fri 7:10-9:40 Sat-Mon 1:30-4:05-7:10-9:40 Tue-Thu 7:10-9:40
Last Vegas (PG) Fri 6:40-9:25 Sat-



About Time. CONTRIBUTED

Mon 1:20-3:50-6:40-9:25 Tue-Thu 6:40-9:25
The Metropolitan Opera: Tosca (STC) Sat 1:55
Thor: The Dark World (STC) No Passes Fri 7-9:45 No Passes Sat-Mon 1:15-4-7-9:45 No Passes Tue-Thu 7-9:45
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Lower Sackville
760 Sackville Dr.

Captain Phillips (PG) Fri 6:25-9:20 Sat-Mon 12:50-3:25-6:25-9:20 Tue-Thu 6:25-9:20
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Dartmouth Crossing
145 Shubie Dr.

12 Years a Slave (STC) Fri 4-7:10-10:10 Sat-Mon 12:40-4-7:10-10:10 Tue-Thu 4-7:10-10:10 Star & Strollers Screening Wed 1
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20 Treaty Trail, Millbrook

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Bridgewater
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LAURENCE

Metro World News in New York

It all started with a single photo. Amy Tan was flipping through an old family photo album when she came across a picture of her grandmother she hadn't noticed before. "She was wearing a tight jacket, pants and a headband," Tan remembers. Having read a book about Shanghai in the early 1900s, Tan recognized the garb as the uniform for courtesans, prostitutes with high-society clients. "Of course I was taken back by what this meant about my grandmother and I became very obsessed with the notion that she might have been a courtesan," Tan says.

The book is not based on

Tan's grandmother, but it did set the stage for her latest novel, *The Valley of Amazement*, a story about an American woman and her daughter, who becomes a courtesan during the overthrow of the Ching dynasty.

Similar to Tan's book, *The Joy Luck Club*, the mother-daughter relationship is a strong theme in her new novel. In the book, the mother betrays her daughter, Violet, by leaving her behind. This abandonment leaves her mark on Violet, who thirsts for an enduring type of love and is not able to fully forgive her mother. "I know what (this feels like) because it happened to my sisters," Tan says. "They were left behind from my mother when she came to the U.S., and although they longed for her and loved her, they never quite forgave her."

Violet's coming of age story is made more complicated when she discovers that she's half-American and half-Chinese. The book takes place in the international settlement

in Shanghai, which is where wealthy Westerners were housed. "During this time period, Chinese people were invisible. Nobody would ever consider making friends with a Chinese person," Tan says. For Violet to learn she is bi-racial alienates her from both American privilege and Chinese community. For this part of the story, Tan again was inspired by

her ancestors.

"Both on my mother's side and my father's side there were family members who engaged with English-speaking translators," she says.

The Valley of Amazement is Tan's raciest book yet — she had never written a sex scene until penning this book. "I avoided including it, but my editor told me, 'This takes

place in a courtesan house. You have to have sex.' Tan put a lot of research into her sex scene, scouring academic books about courtesan houses during this time period.

"Wives actually used to visit courtesan houses and pay money to learn what courtesans did with their husbands, so you knew something special was happening there," she says.

Practice makes perfect

"Wives actually used to visit courtesan houses and pay money to learn what courtesans did with their husbands."

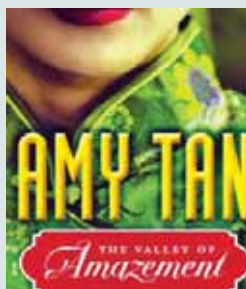
Amy Tan on courtesan houses in China



Amy Tan tries her pen at her first sex scene in *The Valley of Amazement*. GETTY IMAGES

What's love got to do with it?

More than about sex, family or self-identity, *The Valley of Amazement* is about betrayal and the age-old question of if love can really conquer all. "Enduring love can come from a mother, lover, husband, or child, but it's about the search for that type of love and what it means," says Tan.



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28 Heroes, 2 sides and 1 war: Special does the math

History Network.

Canadian vets describe how their platoon of 28 men fought off 800 Chinese soldiers

Before bullets flew, the taunts exploded. "I heard a voice shouting: 'Canada boy, tonight you die!'" Korean War veteran Ed Mastronardi says, recalling the night of Nov. 2, 1951 in the new History special 28 Heroes. "And I shouted back: 'Come and get it! As it turned out it was a full attack. And I had 28 men."

Director Paul Kilback says the battle of Song-gok Spur — which saw a small Canadian platoon fight a battalion of 800 Chinese soldiers — is a little-known conflict from Canada's forgotten war that should be much better recognized.

"It always struck me that it's not in any of the history books," Kilback says of the extraordinary battle, in which Mastronardi's determined unit fought against all odds to maintain a key outpost in the face of repeated Communist attacks.

"Even for the people who do know about (the Korean War), Kapyong is the big thing or it's Hill 355 and never have I seen anything but a paragraph about this action. And it's one of the greatest kind of, in my opinion, one of the incredible small actions of any military history."



Canadian war veterans Lt. Ed Mastronardi and Pte. Red Butler are shown in a handout photo. The pair appear in the Korean War documentary 28 Heroes. CONTRIBUTED/THE CANADIAN PRESS

Never forget

"It always struck me that it's not in any of the history books."

28 Heroes director Paul Kilback, speaking about the forgotten battle of Song-gok Spur

Kilback came across the story while working on another documentary about the Korean War that introduced him to Mastronardi.

He returned to Mastronardi years later to do 28 Heroes, which creates a moment-by-moment portrait of a relentless assault that haunts the former

lieutenant to this day.

In the special, the white-haired Ottawa resident pauses as he looks over a tattered sepia-toned photo he recovered from one of the Chinese soldiers he shot. Depicted are two men in uniform, staring straight into the camera.

"I keep it just to remind me," he says. "There's two sides to the war."

Although eager to tell his story, Mastronardi seemed to have the hardest time relaying that heart-rending anecdote, says Kilback, who spent about four hours with him and three hours with another veteran, Red Butler. **THE CANADIAN PRESS**

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David Bowie, Rob Zombie and Puddles the Sad-Faced Clown demand that you watch them carefully



Love Is Lost/ David Bowie

Bowie created this video to make up for his non-appearance at the Mercury Music Prize ceremony. Using materials and gear lying around his New York City office, the cost of making this video was \$12.99 (for a USB drive to deliver the video).



We're An American Band/Rob Zombie

A performance video in which Mr. Zombie channels Grand Funk Railroad from 1973. More cowbell, please.

Royals/Puddles the Sad-Faced Clown

Puddles really is a clown. He's also seven feet tall.

There's a flood of Royals tributes/parodies



showing up on YouTube these days.

Video game review

Bat-bland

Batman: Arkham Origins

System. PS3, Xbox 360, PC, Wii U

Rated. Teen

The third in the Arkham series is an all-too-familiar mix of street brawls, bat gadgets and Enigma puzzles, inside familiar prison, museum, and sewer settings, against many of the same villains.

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Arcade Fire. Success being Reflektor'd in sales

By the numbers

140,000

In Canada, Arcade Fire's 75-minute effort sold 49,344 albums. It claimed the No. 1 spot. The album sold 140,000 copies in the U.S.

sold 140,000 copies in the U.S.

That's slightly shy of the 156,000 units the band's third

album The Suburbs moved Stateside when it topped charts upon its 2010 release, according to Billboard.

That record went on to gold certification in the U.S. while going double-platinum in Canada and securing Grammy and Juno awards for album of the year.

Still, Reflektor usurped Katy Perry's Prism as the top album in both countries.

THE CANADIAN PRESS



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'I haven't got the guts to ask Adele for a duet'

New music. Celine Dion talks about who she admires in the industry, who she doesn't think much of and her latest musical effort

RICHARD PECKETT
Metro World News

Up until recently, the Twittersphere would have you believe that Celine Dion is dead. She isn't. Rather ironically, the 45-year-old's album is titled *Loved Me Back to Life* (out now). Dion, whose career has spanned 30 years, is moving on lyrically and melodically. Here, in a roundtable interview in London's The Dorchester hotel, Dion chats about her love for Adele, album cover nudity and her latest record.

It's your first English language record in six years. Why did now seem the right time to put an album out?

I haven't stopped, to be honest with you. I started a new show in Las Vegas almost three years ago, then I did a French album and also had two babies. Do the math: time goes fast too.

Were you trying to reinvent yourself with this album?

You can't reinvent yourself every five years. For 30 years I have been using the same recipe. This time round, we're trying to freshen up and modernize — it's a second wind. I'm not trying to reinvent myself but at the same time



Celine Dion is alive and well — and she's not going anywhere. GETTY IMAGES

I'm not going to go on with singing *My Heart Will Go On*, *Because You Loved Me* and *The Power of Love*.

There are elements of Adele in this album. Is she an influence?

She has an influence on my life. Period. I love her. I'm taking hot tea everyday and I'm hoping she's going to pop up and have tea with me.

Will you collaborate with her?

I haven't got the guts to ask for a duet. I just would love to meet with her. If I see her, I would be star-struck and tell her that I'm her number one fan. Every soundtrack that I do, I find ways to sing her songs through my warm-up but I wouldn't be so tacky as to ask her to sing with me.

Cher mentioned recently on a talk show that the crowds in Vegas during her residency were "very, very old, often sedated and didn't seem into the music." Now that your residency is almost over, can you say how you honestly felt about it?

She is very, very old, so the crowd is going to be old. (Gets up and walks away in mock shock). I've seen Cher perform and she is amazing. Hmm, the theatre itself is formal when you come in. It's not like you can rouse the crowd with *Do You Believe In Life After Love*; it's all gentle claps and hums. You really have to understand that it brings that mood.

What's your experience? Musically it gives me the

Selling souls



What do you think of Miley Cyrus, Britney Spears and Sky Ferreira's decision to go with a more wild approach?

- **Quote.** "I respect them; they can do whatever they want. It's what we decide to watch and we have to decide whether it's okay for us (the consumer). Some people feel the need to go very far to feel something — to sell their souls pretty much. I wish them luck and longevity in their career but what's going to be coming after that?"

possibility to enjoy my music. I can sing 70 shows a year, whereas I was doing 200 or at best 160 per year and I couldn't breathe (pants like a dog) and then I go home every night. As an artist it gives me an opportunity to do my work and be happy about it.

Miley Cyrus, Britney Spears and Sky Ferreira have all stripped for recent album covers and editorials. Were you ever tempted?

(Laughs) I'm too gorgeous for doing that. No, I'm glad I didn't have to do that and I didn't feel the need.

Talib Kweli. Looking to cut the middle man out of the music industry



Talib Kweli is releasing a new album — sans label. GETTY IMAGES

On his classic 2007 track, *Hot Thing*, rapper Talib Kweli rhymes, "I'm sending this one out to you and you and you." When dealing with a guy who has been called the deepest thinker in the rap game, you know he doesn't use language lightly, and Kweli is making good on that claim and literally sending his next album out to you.

"This is the first album I'm dropping directly to my fans," Kweli says. "No label. No nothing. This is a first. The technology hasn't been around to do this before."

In an effort to directly connect with his fan base, Kweli is making his latest project, *Gravitas*, available in an exclusive pre-sale on the website *KweliClub.com*. It marks the rapper's sixth solo album and it features the likes of OhNo, Q-Tip, Lord Quest and Rich Kidd. Kweli says his goal is to eliminate the middleman, as in the greedy music executives wanting their cut.

"I'm not an artist presented on a huge national level," he says, humbly. "I'd rather just email my core fans and put it out there than spend millions on a direct marketing campaign and hope you buy it. I don't have to convince you if you're al-

ready a fan."

Gravitas is due to be released on Dec. 15. Kweli, who promises to personally interact with fans via email and social media, says it stays true to his classic vibe, meaning it won't feature any lyrics involving Maybachs or boots with the fur.

"I make music for myself," he says. "It wouldn't come out if I didn't feel good about it."

While Kweli's name literally translates to scholar, he disagrees with people who call him a political or psychological rapper. In fact, he shies away from any and all labels. When asked to classify his style, Kweli says, "I wouldn't. Too many artists get caught up in labels. Just listen to it."

That seems to have always been Kweli's method, and it's also in keeping with the method he prescribes for others. When asked what advice he has for up and coming rappers, he says, "Do it yourself. Follow your own path. Make your own way."

As for his own legacy, Kweli says the approach worked for him.

"I did it my way, Sinatra style."

MICHAEL GREGER/METRO

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Play with their hearts and just be still

New music. The Seattle band has risen from relative obscurity to being invited on tour with the famed Dave Matthews Band

ALEXANDRA
CAVALLO
Metro World News

If the sound that defined Seattle folkies The Head and the Heart's eponymous debut album can be described as grassroots, the unlikely story of the success that followed is even more so.

The six-piece band of multi-instrumentalists self-recorded and released the album, distributing it at local rock clubs and record stores, and relying on word of mouth to generate hype.

And, somewhat remarkably, it worked.

The Head and the Heart went from playing the Seattle club circuit to opening for Vampire Weekend and being tapped by Dave Matthews to join him on tour in what seems like record time.

"That was insane," says vocalist/guitarist Josiah Johnson. "But we didn't really have time to step back together and be like, 'It's all happening, guys.' You kind of just put your head down and keep going and going and going. (But) at some points, when we did have breaks, you sit back and say, 'Man, I didn't expect this much.'"

They didn't expect much of anything, according to Johnson.

"I don't really consider the last time like recording an album," he says. "We were just kind of getting things down as quick as possible and kind of just creating something that we could burn and give to venues. It wasn't this, 'I have a big picture of this album' thing."

In fact, he attributes a

large part of the sound on their freshman effort — an organic, delicately melancholy marriage of stripped down strings and lovely, unadorned vocals — simply to having to make do with what they had.

"It's not really what we set out to write. That's not the only type of band that we are," he says when asked if he ever worries about the band's direction, once the current wave of popularity of indie-folk recedes and another genre inevitably takes its place.

"One of the things that was really exciting about recording (their new album, *Let's Be Still*) is when you listen to this album it's not all reliant upon the stamping and clapping and the 'hey-ing,' because that's not what we set out to only be. The reason you might hear that on the first album is because we didn't have the time to sit in the studio. We only had our acoustic guitars and limited resources."

"I love that album, but that's not the only kind of music that we listen to, and I think this band has a lot of directions it can go in."

One of those new directions — and the fruits of their access to more resources, since signing with Sub Pop in 2010 — is evident on *Let's Be Still*, which is marked by a considerably slicker, more polished sound. This time around, they've had time to put thought — a lot of it — into what was indeed a "big picture of an album thing."

"We recorded it at a studio that we recorded some stuff for the first record at," says Johnson.

"Except, for the first record we just did like a big session in a room with a piano in three days and then recorded everything else in a guy's living room. This time we were there for the better part of three and half or four

months. And we spent a lot more time in the studio not recording, but sitting and writing, and jamming out. Which is a luxury that you have when you have a record label that is helping you pay for it."

What hasn't changed, however, is their knack for heartfelt balladry and

thoughtful lyricism, mining for bare emotion without over-emoting. But *Let's Be Still* shows a maturity that can be attributed to a lot of time spent on the road.

"I think we did more than is sustainable. All these crazy opportunities were coming up and available to us so we tried to take them all,"

says Johnson of a whirlwind couple years spent touring nonstop — and an ease in their relationships as bandmates, both in the studio and on the stage.

"We always make mistakes and learn from them. I think that's the best thing about having six people in the band," Johnson says. "We

all kind of make those mistakes, but we have each other to correct ourselves along the way. It was a huge learning experience. I think, at this point, we've become family in the sense that we definitely have our arguments, but when we go on stage, well, we view ourselves as a live band."



The Head and the Heart have to be seen on stage to be believed. GETTY IMAGES

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Justin Bieber. ALL PHOTOS GETTY IMAGES

The Biebs leaves Brazil with 'a little souvenir'

Justin Bieber's new penchant for graffiti may have gotten him into trouble with police in Brazil, as an investigation has been launched looking into Bieber's recent tagging on a wall of the former Hotel Nacional in Rio, according to TMZ.

Bieber's team reportedly received permission from Rio's city hall to spray-paint a different wall but opted for the Hotel Nacional because

they felt the first choice was in a neighbourhood that was too dangerous. "He believed it to be a degraded area and decided to do it," a police spokesman says. "Now he is leaving Brazil with a little souvenir." The goal of the investigation is to determine if Bieber's actions constitute vandalism, a misdemeanor. Bieber is described in the reports as "young, blond, famous and a rebel."

Ashton and Mila just can't wait to reproduce

Ashton Kutcher and Demi Moore are reportedly about to file paperwork to formally end their marriage, and apparently it can't happen soon enough for Kutcher, who is desperate to start a family with girlfriend Mila Kunis, according to Radar Online.

"Ashton has made no secret of the fact that he wants to have a baby and he's told his family that they're not taking any 'precautions' against having a baby," a source says. "They don't really care if marriage comes before baby. In fact, they



Ashton Kutcher and Mila Kunis

don't think they have to be married to have a child."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



MELINDA TAUB

Metro World News in New York City

Hell hath no fury like a Gwyneth scorned

Gwyneth Paltrow is taking a stand. She wants all those concerned about freedom and justice to join with her in protesting Vanity Fair's cruelty to Gwyneth Paltrow.

Rumour has it that she is frantic over an upcoming Vanity Fair profile of her that contains some less-than-flattering revelations. She's already tried to get her famous friends to stop talking to the publication; now she wants them to refuse to party with VF too.

"Gwyneth feels her relationship with the magazine has been destroyed and she's urging pals not just to avoid doing business with the magazine, but to skip the mag's Oscar party as well," a source told Radar.

Vanity Fair's Oscar party is one of the swankiest, most prestigious parties in Hollywood. Even I, a humble blogger currently wearing teddy bear pajamas, know that.

So I'd say Gwyneth is about to find out who her friends really are. Will Beyoncé think it's worth missing the biggest bash of the year to keep the 10 per cent discount on her GOOP subscription? One thing's for sure: I can't wait for this Vanity Fair profile. There must be something really good in there. Maybe she's secretly Saddam Hussein or something.



Robin Roberts shines on

Good Morning America host Robin Roberts, in a sexy black jumpsuit and open-toed heels, looked the picture of health and then some at the CMA Awards in Nashville on Wednesday. Roberts was diagnosed with myelodysplastic syndrome in 2012 and underwent a bone marrow transplant last October.



Katy Perry

It's 'inevitable' Katy and John will get married (unless they break up again)

Apparently when it comes to Katy Perry and John Mayer hearing wedding bells, it's less a question of if than a question of when. "It's inevitable," a source tells E! News about the

chance of Mayer proposing now that things have gotten "very serious" in their relationship. "Everyone wants them to get engaged. They are so perfect together," the source says.



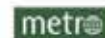
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While Canadian security

agents may be tapped into what's going on in Brazil, I'm betting most of you have never investigated cachaça (ka-SHA-sa) — the country's best known alcoholic beverage.

With all the wine pouring out of Chile and Argentina, I guess it's easy to understand how an in-your-face, sugar-cane-based spirit could take a

back seat when South American booze comes to mind.

That said, cachaça is the third most consumed spirit in the world.

Often referred to as Brazilian rum, cachaça isn't made from molasses (like most rum). It's produced from raw sugarcane juice that's been fermented and then distilled.

A fiery tippie, delicate Canadian palates will appreciate it best when served hidden underneath some mix like in Brazil's national cocktail, the caipirinha. Made with a combination of cachaça, lime juice and sugar, it's a refreshing, mint-less take on the mojito.

Selection varies across the country, with Leblon Cachaça

(\$29.95 to \$32.99) available in most markets. White rum lovers will find a familiar sugary sweetness fighting its way through the up-front aggression, while tequila fans will appreciate its vegetal nuances. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

The Brazilian food revolution



Chef Alex Atala with his new release, D.O.M. Rediscovering Brazilian Ingredients. FERNANDO CARNEIRO/METRO

Alex Atala. Rebel chef ventures into the jungle for ingredients and takes on food authorities

FERNANDO CARNEIRO
Metro

With Brazil hosting the two largest sporting events in the next three years — the World Cup and Olympics — you'll want to know the chef revolutionizing Brazilian cuisine.

Alex Atala is applying clas-

sical French techniques learned in Europe to local ingredients — some that have long been ignored by Brazilians.

Atala is an adventurous chef who goes into the Amazon jungle to source his ingredients. He's a rebel, serving ingredients banned in Brazil. And he's really good. D.O.M. is considered the sixth-best restaurant in the world by Restaurant magazine. Its list is an annual snapshot of the opinions and experiences of more than 900 international restaurant-industry experts.

Recently, the tattooed former amateur boxer was in

Toronto to promote his first significant cookbook.

As a colonial country, Brazilians learned to value foreign ingredients at the expense of their own. Atala is rediscovering those ingredients.

"As more and more Brazilians travel abroad and see countries like France value their gastronomy, they come home curious about Brazilian food," Atala said. "There's a movement happening."

To him, manioc — known in Canada as cassava — is the most Brazilian of all ingredients. "To the people in the Amazon, it's as important as soy is to Asian cultures."

He also serves honey produced by Brazilian bees, which contains more humidity and therefore expires faster than that produced by bees imported from Europe. It's banned in Brazil because it can't be stored for long. Atala is fighting to have it and other local ingredients legalized.

Also revolutionary for Brazil, Atala started a non-profit think-tank — ATA (institutoata.org.br/en) — to promote fair-trade practices in the Amazon region and help farmers earn a living selling local produce.

If you do go to Brazil for the World Cup next year, Atala suggests that the best souvenir is flavour. Enjoy.



Serves 4. D.O.M. REDISCOVERING BRAZILIAN INGREDIENTS BY ALEX ATALA, PHAIDON.COM

Recipe

Mushroom With Smoked Parsnips

Ingredients

- 1 kg coarse salt
- 300 g parsnip, washed
- 150 g fresh button mushrooms

For presentation

- extra virgin olive oil, for coating the parsnips and for presentation
- smoked salt
- salt and pepper
- 4 black garlic cloves
- parsley, chopped

Preparation

1. Preheat the oven to 200 C.
2. Dampen the coarse salt. Place half the salt on the bottom of a roasting pan. Place the parsnips on top of the salt in a single layer. Cover the parsnips with the rest of the coarse salt
3. Bake for an hour. Remove from the oven and transfer the parsnips to a rack to cool.

When cool, peel skin off the parsnips and cut them into 4 pieces lengthwise. Set aside. 4. In a large frying pan or skillet toast the button mushrooms directly over flame until golden brown. Set aside and keep warm

Finish and presentation

1. Place the parsnips in a clean roasting pan and coat lightly with olive oil
2. Return the parsnips to the oven for about 3 minutes to warm through.
3. Remove from oven and season with the smoked salt. Season the mushrooms with salt and pepper, and place a mound of them in the centre of a dish.
4. Cut the cloves of black garlic in half. Arrange 2 pieces of parsnip and 2 halves of black garlic beside the mushrooms
5. Finish with drizzle of olive oil and sprinkling of parsley.

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3 THE

Shaken with a twist: Bar gear gets swanky

Entertaining. Materials such as shagreen, faux tortoise and hammered silver are adding flair to drinking accessories

Home beer and spirit-making have become popular hobbies. Bars and beverage stores feature a growing range of artisanal spirits and craft brews. Cocktail parties are back in vogue.

And retailers are responding to all this imbibing by offering furniture, barware and accessories with cosmopolitan flair. All you need are a few invitations, snacks and some good music for the party to begin. Let's pop the cork on what's new:

"Nowadays, entertaining

does not have to mean having a glitzy full bar. Bar carts have become more delicate, refined, and smaller in scale, so you can tuck them into a corner of a room or blend them in with the rest of the furniture," says Veranda magazine's market editor Catherine Lee Davis.

West Elm's Parker slim-profile cart in acorn-stained walnut veneer with brass rail trim has a mid-century vibe. The walnut-stained Dodson cart features a flip-down front concealing a mirror-lined interior with plenty of storage. And a cart in polished nickel with two foxed mirror shelves evokes Art Deco glamour. Visit westelm.com.

If you want the look of a built-in bar, consider Pottery Barn's modular collection of wine grids and drawered cabinets. In black or mahogany finish, the pieces can be con-

figured to look like a hutch or buffet. Check out potterybarn.com.

Davis says that with barware, the trend is toward shaking it up. "We see lots of different materials like hammered silver, tortoise or shagreen," she says. "It's all about mixing and matching. After all, entertaining should be about having fun."

Gent Supply Co. (gentsupplyco.com) has a natty collection of coasters, glassware and flasks printed with illustrations of turn-of-the-century gentlemen duellers, narwhals, anchors and animals dressed in distinguished garb.

Artist Richard E. Bishop (richardebishop.com), known for wildlife etchings in the 1930s, '40s and '50s, has his work on an array of bar glasses and decanters. Ducks, trout, foxes and horses set a country

house tone.

A punch bowl that rests in the clutches of an octopus, and a sculpted shell held by a delicate coral stand are part of an aluminum barware collection at Z Gallerie. There's also a faux crocodile service tray in rich eggplant, studded with silver rivets, that makes a sophisticated statement.

Silver cocktail picks and stir sticks topped with airplanes evoke the Second World War. And a mirrored sign with phrases like Stirred and Straight Up printed in a gold retro font would make great wall art. Check out zgallerie.com.

JC Penney has a whimsical yet elegant wine decanter from Michael Graves Design that features his signature bird as built-in aerator. Visit jcp.com.

THE ASSOCIATED PRESS



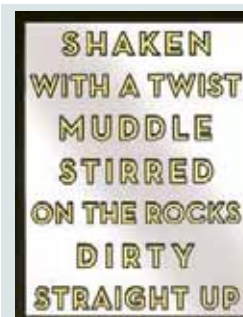
Foxed Mirror Bar Cart, \$437, West Elm.



Parker Mid-Century Bar Cart, \$382, West Elm.



A flask printed with a vintage drawing of a dapper gentleman, \$28 US, Both at gentsupplyco.com.



A mirrored sign with a retro font makes for vintage-style art in a home-bar area. Libations sign, \$150 US, zgallerie.com.



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Governor's Brook combines the convenience of city living with views that are reminiscent of country living, thanks in part to an abundance of parkland.

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Governor's Brook is being completed in phases —the first six have been completed and another six remain. The first six phases feature 291 home sites, while the remaining phases will have an additional 350 home sites.

These home sites feature a wide range of home styles, perfect for suiting the needs of every homeowner. There are single-family, semi-detached, townhomes and multi-family units available.

One of the selling features of the homes at Governor's Brook is the af-

OPEN HOUSE

An open house will be held Sunday from 1-4 p.m. to allow prospective homebuyers an opportunity to view the community and the variety of home styles available, and to ask questions of the developer and builder. The open house will include a barbecue and refreshments, as well as prize draws. The barbecue will be held at 2 Alabaster Way, one of the model homes available from Picket Fence Homes.

Take Herring Cove to St. Michaels Avenue, turn left on Abrams Way, left on Theakston and right on Danforth to 2 Alabaster Way.

fordability. For example, a single-family home starts out at \$239,900. This is an



Open house tour Sunday from 1-4 p.m.

CONTRIBUTED

especially attractive price given the proximity the neighbourhood offers. It is just a 15-minute drive to the downtown core, as well as Bayers Lake.

The proximity to amenities is another advantage. There are schools, medical centres, recreation and community centres, public transit and shopping all

located nearby.

The view, in particular, is impressive with many homes providing a great view of Halifax.

All homes at Governor's Brook are being built by the exclusive builder, Picket Fence Homes, and come with a seven-year Atlantic Home Warranty.

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Picket Fence Homes is a local builder operating since 2003. Robert Kraitzek, president and builder, has been working in new home construction since 1983 and takes his job seriously. As a husband and a father of two, he knows a solid, well-built home is the foundation for a family. It must be a good economic investment and stand the test of time.

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character that reflects their individuality.

"Single-family homes of different styles and sizes, as well as townhomes, allow homebuyers to choose the home style and size to suit their family's needs and budget," says Stephanie Palmer, the

sales manager with Picket Fence Homes. "Our model homes are open five days a week for viewing and you can see all of the new home designs offered in Governor's Brook and view a wide variety of interior design samples."

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"You need a builder who will go through the ups and downs with you, and is there after the sale," says one couple, Josh and Krista B. "Picket Fence treated us like family, and our new home is everything we ever wanted."

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Picket Fence Homes is the exclusive homebuilder for Governor's Brook.

For more, see picketfencehomes.ca.

Huskies QB looks to keep season alive

Loney Bowl. Creighton hopes to rekindle staggering offence against Mount Allison in AUS title game



ANDREW RANKIN

andrew.rankin@metronews.ca

Jack Creighton's days as quarterback of the Saint Mary's Huskies football team could be over after Saturday, but the fifth-year pivot insists he hasn't given that prospect much thought.

The Huskies are set to host Saturday's AUS championship game against the Mount Allison Mounties at Huskies Stadium. A loss means their season's over, and Creighton, who's in his final year of eligibility, will play his last university football game. But a win means the Huskies advance to the Uteck Bowl on Nov. 16.

"I'm not thinking of it as my last game," said Creighton during practice this week.

"It's a possibility, but I'm prepared to leave it all on the field for that reason. There are a lot of guys on this team in their last year. We're excited to play this game."

When the Loney Bowl rolls around on Saturday at 2 p.m., Creighton and Co. know



Saint Mary's Huskies quarterback Jack Creighton will be leading the team's offence for Saturday's Loney Bowl.

JEFF HARPER/METRO

they'll be in tough against the Mounties. Not only does Mount Allison have plenty of momentum behind them, having won four straight, they also beat the Huskies in both of their regular-season meetings.

On the surface, the game

looks to be a test of defence versus offence. While the Huskies defence allowed only 265.1 yards per game, tops in the AUS, the Mounties averaged the most points per game at 20.8.

But Creighton, who admits he hasn't played near his potential, isn't reading too much into the numbers. That includes the fact his club produced the fewest points in the league.

"Every offence in this league hasn't been effective.

We've had our problems on offence but we've been winning. We have gotten better every game."

Mykyta Clancy, the Huskies' fourth-year defensive lineman, is looking for redemption on Saturday.

"We plan to be more disciplined, we'll execute better, eliminate those mental mistakes that cost us in those previous games and we'll have key players back in the lineup," he said. "This is a big rebound game for us."

AUS

Taplin lone Husky to earn award

Saint Mary's Huskies players were absent on Thursday's year-end Atlantic University Sport football awards list.

The team's only winner was Joe Taplin, who, for the second year in a row, captured volunteer coach of the year honours.

Mount Allison Mounties running back Jordan Botel earned the Chris Flynn Trophy for most outstanding player of the year. Botel ended the regular season with 758 total yards on 170 carries to go with six touchdowns.

Acadia Axemen defensive tackle Adam Melanson, who recorded 23.5 tackles, earned rookie of the year, while St. Francis X-Men linebacker Ron Omara earned outstanding defensive player of the year. Omara led the conference in tackles this season (62). In his fourth year of eligibility, Omara was named AUS all-star for the first time.

Mounties coach Kelly Jeffrey captured coach of the year. Jeffrey led the 4-4 Mounties out of a 1-4 start and into the Loney Bowl on Saturday after last week-end's playoff win against Acadia.

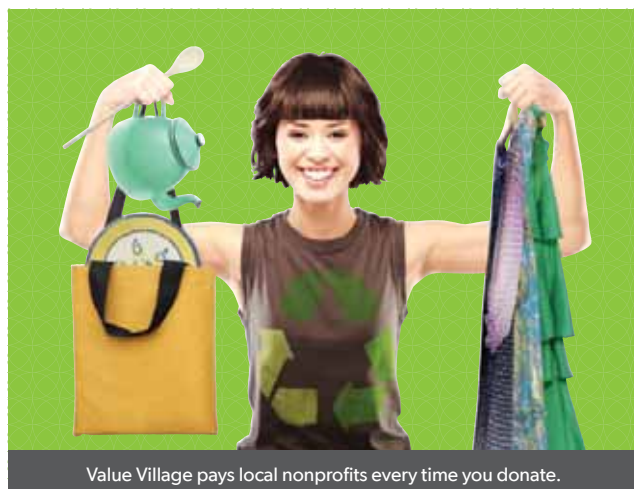
Axemen defensive end Jesse St. James was named outstanding lineman. He led the AUS in sacks with 10.

Stu Moore of the Mounties earned the student-athlete community service award. The Halifax native is involved in several community initiatives, including as a committee member for both the local Right to Play organization and the local chapter of the Michael J. Fox Foundation. **METRO**

Quoted

"There are a lot of guys on this team in their last year. We're excited to play this game."

Jack Creighton, Saint Mary's Huskies quarterback



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No excuses: Halifax D rolls through injuries

QMJHL. Herd blue-line has been rock-solid, no matter who's been in or out of the lineup



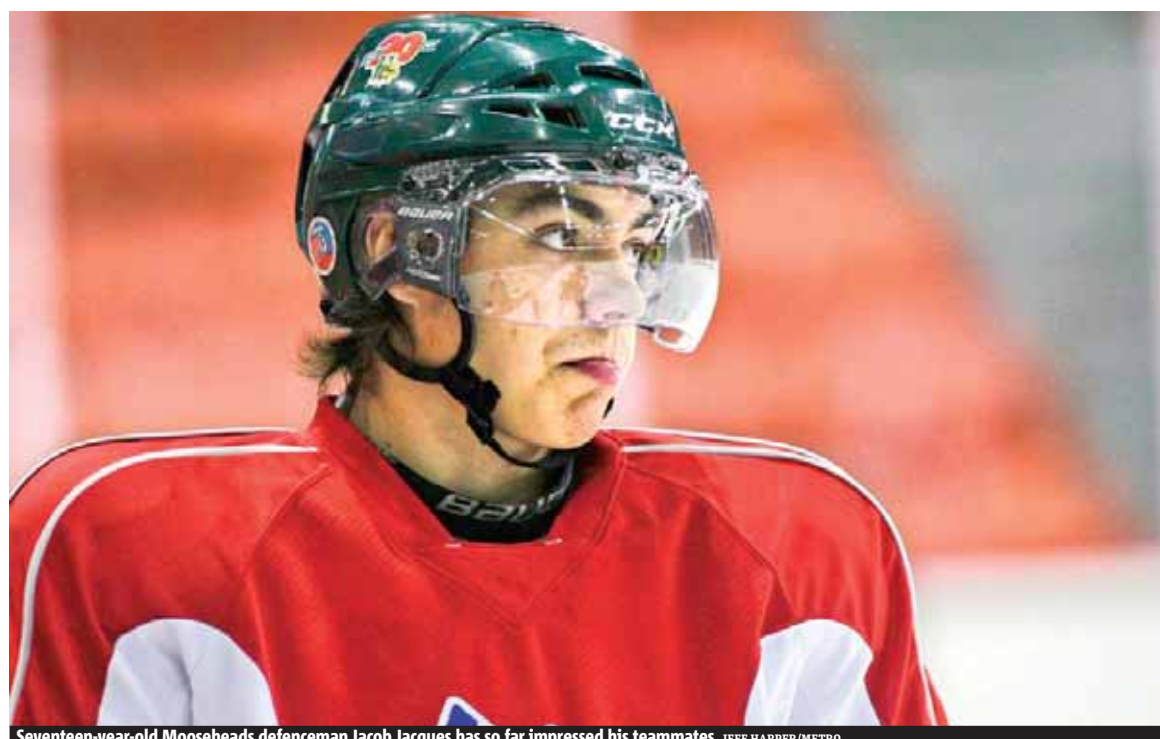
ANDREW RANKIN
andrew.rankin@metronews.ca

Trey Lewis was the first casualty, then Jesse Lussier. Last week it was MacKenzie Weegar, now it's Brian Lovell.

Injuries have plagued but not crippled the Halifax Mooseheads' defensive corps. The unit has absorbed the loss of Lewis, their leader, captain and top defenceman, who's been slowly recovering from a hip injury for the last month. Just last week, the team learned Weegar, their other top D-man and power-play quarterback, would be out of the lineup for a couple of weeks with an ankle injury.

Through the bad luck — Lussier's missed a handful of time and Lovell is about to sit out with a knee injury — the Maritime Division's top team continues to roll along.

Anchoring the Herd's battered defensive corps are veterans Matt Murphy, Austyn Hardie and Brendan Duke, who are



Seventeen-year-old Mooseheads defenceman Jacob Jacques has so far impressed his teammates. JEFF HARPER/METRO

a combined plus-19.

Put simply, Murphy said they have committed to playing a simple, defence-first game. So far, it's working.

"Like, with Austyn, he does the simple things really well," said Murphy. "He does a great job shutting the other team's first line down, he's efficient and he plays big minutes."

The team's misfortune has brought opportunity to 17-year-old defenceman Jacob Jacques, the last pick in July's draft.

While adjusting to the speed and intensity of the QMJHL, he has still impressed his teammates and coaching staff. He

scored his first Q goal against the Bathurst Titan on Oct. 26.

"It's tough for a 17-year-old to come in when he's not used to playing, especially mentally, but he's done really well to make the most of his opportunity," said Murphy.

Beyond an undermanned defensive unit rising to the occasion, Ducharme says the entire team has committed to picking up the slack.

"It also starts with our for-

wards' commitment to help them out, especially when you're missing pieces on the back end.

"We have 20 players in the lineup; we have what we need to get the job done. No excuses."

The Mooseheads are home for two games this weekend against the Moncton Wildcats on Friday at 8 p.m., and the Saint John Sea Dogs on Saturday at 7 p.m.

Eyes on Ehlers

Mooseheads' top scorer unfazed by spotlight

Nikolaj Ehlers knows he has a big opportunity in front of him Friday evening.

Plenty of NHL scouts are expected for the Mooseheads' Friday night home game against the Moncton Wildcats, where the league's top draft-eligible players, Ivan Barbashev and Ehlers, will face off at 8 p.m.

But the 17-year-old rookie Ehlers is taking it all in stride. When it comes to scoring, the pair are neck and neck. Ehlers' 28 points (10 goals and 18 assists) ties him for seventh in league scoring, while Barbashev's 27 points (nine goals and 18 assists) put him right behind Ehlers, tied for eighth.

"It's definitely a big game," said Ehlers. "Of course, it's a motivation, that someone's here watching me and the other boys, but I'm not getting nervous. I'm just trying to play my game and do what it takes to win."

"I want to have a good game but I won't be thinking about the scouts before the game."

Thrilled with his start to the season, the Danish forward is most surprised with how well he's adjusting to the North American game.

"I thought it would take a longer time for me to be more comfortable in a smaller rink, for example. Every game has been a highlight. I really enjoy playing here."

ANDREW RANKIN/METRO

No blue-line blues

"Everyone's been helping out doing a good job on D. Murphy, Hardie and Duke. They played a lot and have done well managing their ice time."

Mooseheads head coach Dominique Ducharme

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Senators still have upper hand on Habs

NHL. Borowiecki scores first big-league goal, Lehner makes 33 saves in rematch of last post-season's quarter-finals

Marc Methot may have scored the game-winner for the Ottawa Senators, but he was much more excited about Mark Borowiecki's goal.

Borowiecki scored his first NHL goal and considering the two are defence partners and both Ottawa natives Methot felt it was a pretty special night with their 4-1 victory Thursday over the Montreal Canadiens.

"It was awesome," said Methot. "It doesn't happen very often for myself or for (Borowiecki). We're more defensive-minded guys and any time you have two hometown guys score in the same game, and it's a pretty important game for our fans, I couldn't be happier."

Borowiecki celebrated with his teammates, but

strangely enough not a single family member was on hand for the game. His parents were in Las Vegas and his girlfriend, a teacher, was unable to attend due to parent-teacher interviews.

"It's just weird how it worked out," said the 24-year-old. "I can't describe the feeling; it's pretty cool. I had a big smile on my face."

In addition to timely scoring, Robin Lehner was solid in goal, stopping 33 shots.

Lehner was making his second straight start as Craig Anderson recovers from a stiff neck.

"I think the D is helping me a lot to see pucks and boxing out," said Lehner.

"I think we're getting-

Quoted

"I thought we deserved a better fate."

Canadiens coach Michel Therrien, who added he thought his team played well but couldn't capitalize on scoring chances.

ting a little better chemistry and it feels good."

Bobby Ryan and Kyle Turris, with an empty-netter, also scored for the Senators (6-6-4), who posted back-to-back wins for just the second time this season.

Andrei Markov scored the lone goal for the Canadiens (8-8-1) as Carey Price faced 24 shots. Montreal is winless in its last four games.

"It's normal for everyone to be disappointed as we all want to win," said Montreal coach Michel Therrien. "Especially after playing a solid road game, but we'll concentrate on the good things we saw."

This was the first of five games between the two teams this season. Thursday's game also marked the first meeting between the teams since Ottawa eliminated Montreal in five games during last spring's Eastern Conference quarter-finals.

THE
CANADIAN
PRESS



Clarke MacArthur congratulates Senators teammate Mark Borowiecki on his first NHL goal on Thursday night against the Canadiens in Ottawa.

ADRIAN WYLD/THE CANADIAN PRESS

NBL Canada

Winless Rainmen fall to Power

The Halifax Rainmen's losing streak continues.

The Rainmen (0-4) ended their two-game road trip with a 112-96 loss to the Mississauga Power on Thursday.

Halifax got off to a good start, heading into the second quarter with a 27-21 lead. From there, the Rainmen were outscored the rest of the way.

JuJuan Cooley led the Rainmen with 18 points, while Mark Gomillia paced Mississauga with a game-high 20 points.

The Rainmen were playing without their starting point guard Cheyenne Gadson. **METRO**

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NFL. Players divided on Jonathan Martin's response

In a culture that fosters conflict, Jonathan Martin sought to avoid it.

Upset by treatment he considered abusive, the Miami tackle left the Dolphins last week. His agent complained to the Dolphins, who suspended guard Richie Incognito.

The NFL is investigating whether Incognito harassed or bullied Martin, and whether their teammates and the organization mishandled the matter.

Some say Martin handled the situation well. But some players believe Martin should have responded more firmly.

"Is Incognito wrong? Absolutely," New York Giants safety Antrel Rolle said. "No individual should have to go through

that, especially in their workplace.

"But at the same time, Jonathan Martin is a 6-4, 320-pound man. I mean, at some point and time you need to stand your ground as an individual."

Dolphins players have defended Incognito, long considered one of the NFL's dirtiest players, praising his leadership and loyalty.

They've been less passionate in their support of Martin, saying he and Incognito behaved like best friends.

"They did a lot of stuff together," tackle Tyson Clabo said. "So if he had a problem with the way he was treating him, he had a funny way of showing it." **THE ASSOCIATED PRESS**



Mike Tyson THE ASSOCIATED PRESS FILE

Mike Tyson. Ex-heavyweight champ bares soul in autobiography

Mike Tyson's life story is the gift that keeps giving.

And giving. And giving. At one time he was the baddest man on the planet, a heavyweight champion who terrorized anyone who got in his way, inside the ring or out. More recently he's unburdened himself as perhaps the most tortured soul on earth, with a one-man show on Broadway that Spike Lee has turned into

an HBO special airing Nov. 16.

It turns out that Tyson didn't tell us everything. Not to worry, because he's taken care of that in a hefty autobiography that might be the most soul-baring book of its genre ever written.

The title is Undisputed Truth, and the truth is that Mike Tyson is one messed-up dude. He's desperate to put his demons to rest, but the book

Quoted

"I have a lot of pain and I just want to heal."

Mike Tyson says he's back in Alcoholics Anonymous after drinking in August.

needed an extra epilogue written just before printing to talk about him falling off the sobriety wagon once again.

And though things might be better these days in Tyson's world, he constantly warns that he's not far from slipping off the edge, or slipping back into a strip club to party with drugs and women.

"Sometimes I just fantasize about blowing somebody's brains out so I can go to prison for the rest of my life," he writes. "Working on this book makes me think that my whole

life has been a joke."

If so, Tyson has yet to figure out the punchline. Though he has reinvented himself in recent years as a family man and vegan with enough comedic chops to act in movies, he says he lives daily with the dark past of a junkie who loved to snort cocaine and drink and was constantly preoccupied with finding women to bed.

THE ASSOCIATED PRESS

Ban fighting? 'It's absolutely ridiculous'

NHL. Most around hockey's highest level feel pugilism will never be eradicated

If fighting is ever going to be eliminated by the NHL, it's going to take some convincing.

A recent survey suggested that more than two-thirds of Canadian hockey fans support banning fighting at all levels of the sport, but many current and former players don't even consider it a debate worth having.

"I hate that it's even being talked about," Buffalo Sabres captain Steve Ott said. "It's absolutely ridiculous that even the notion of fighting

Bound to happen



"Every time you see an incident like in Montreal, it's tough to see, but the reality is that's a fluke accident."

Senators forward Chris Neil, referring to the Canadiens' George Parros suffering a concussion after falling while fighting the Leafs' Colton Orr on opening night back on Oct. 1.

being taken out. What a terrible mindset."

Changing the rules on fighting would require approval from a majority of the NHL Players' Association, which only last year agreed to grandfathering in the mandatory use of visors. A 2011 poll conducted by the NHLPA and CBC found that 98 per cent of 318 players polled did not want to ban fighting.

Canadiens enforcer George Parros suffering a concussion after his head hit the ice during an opening-night fight with the Maple Leafs' Colton Orr seemingly hasn't changed many opinions.

"That fight with Parros is an anomaly," said Sabres tough guy John Scott, who's serving a seven-game suspension after concussing Boston Bruins forward Loui Eriksson with a hit. "There are not many concussions if you watch fighting. I think it's the easiest target that people go after: Get fighting out of the game and it'll solve everything."

Former NHL defenceman Joe Watson, a member of the Philadelphia Flyers' "Broad Street Bullies" teams of the 1970s, defended fighting by comparing it to baseball and football.

"It's easy to pick on hockey because people don't know it," Watson said. "When you throw a ball a hundred miles an hour and you hit a guy in the head, what the hell do you call that?... Let's analyze football. In football you pick up a guy and throw his head into the ground. Is that not brutality?"

THE CANADIAN PRESS



Wade has hot hand for Heat

Dwyane Wade of the Heat shoots over the Clippers' Chris Paul on Thursday night in Miami. Wade scored 29 points, 11 in the fourth quarter, and the Heat held on to win 102-97. MIKE EHRLMANN/GETTY IMAGES

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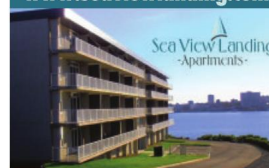
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Horoscopes

Aries

March 21 - April 20

Success comes to those who dare, so dare to be different and don't give two hoots what other people might say. The only thing that matters is what you say (and do).

Taurus

April 21 - May 21

Don't waste time and energy completing a task that should have been over and done with by now. Your life is about to move in a radically new direction. In a matter of days, you will be working on something different.

Gemini

May 22 - June 21

Set targets but don't set time limits. Keep your plans general over the next few days and let everything happen at its own natural pace, even if at times that pace seems dead slow.

Cancer

June 22 - July 23

Keep your ideas simple today if you want to be taken seriously. Sometimes your thoughts get complicated and you spend more time trying to make sense of them than actually getting things done. Time to change.

Leo

July 24 - Aug. 23

You may be generous but you are nobody's fool and anyone who thinks you will be taken in by a sob story today will soon realize they have made a mistake.

Virgo

Aug. 24 - Sept. 23

Why waste time fussing when you can be having fun with your friends? You may have serious things to think about but you will think about them better if you are enjoying life.

Libra

Sept. 24 - Oct. 23

You seem to be on duty all the time and you really must call a halt. Take a break if you need it today and over the weekend. In fact, take a break if you don't need it — just to make the point that no one owns you.

Scorpio

Oct. 24 - Nov. 22

You have worked hard for what you've got and will have to work hard to keep it. Is someone going to take it away from you? No! But don't be careless and give it away.

Sagittarius

Nov. 23 - Dec. 21

An opportunity will arrive out of the blue tomorrow or over the weekend and you must not hesitate to make use of it. The planets warn if you don't move immediately it won't be with you long, so get it together.

Capricorn

Dec. 22 - Jan. 20

No one is perfect, so don't beat yourself up for mistakes you have made. The fact that you got something wrong is evidence that you tried something different, which is more than most people do.

Aquarius

Jan. 21 - Feb. 19

Are you pleased by what you have achieved or annoyed by what you have failed at? The way you answer says a lot about your state of mind. Be positive: Yesterday's failures lead to tomorrow's successes.

Pisces

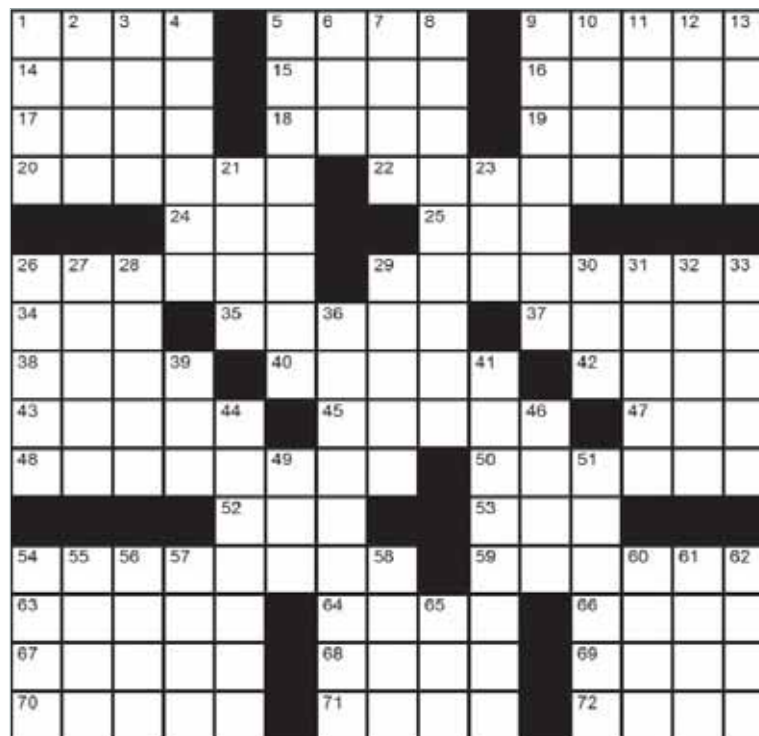
Feb. 20 - March 20

Strive to see the good in everyone today, even people who you can't stand the sight of. They have simple human failings, like you. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Cough-drops-need-ing sound effect
5. "Moneytalks" band
9. "Poppycock!"
14. Scottish songstress
15. But: Spanish
16. "Orange Sky" singer Mr. Murdoch
17. Tournament parts, ___ rounds
18. ___ de soie (Silk cloth)
19. Riskiness
20. Canadian TV network
22. North American animal scientifically called "Canis lupus": 2 wds.
24. Amaze
25. Road surface
26. Scorpio is a sign in it
29. Cranky
34. Grand Opry link
35. Country neighbouring Oman
37. Pago Pago's land, American ___
38. World's longest river
40. L'___ (Cosmetics brand)
42. Saws
54. Dried meat of game
59. Heralded
63. Heart of the ___ (Gem in 1997's "Titanic")
64. "___ & Leopold" (2001)
66. Keep



- lay Peninsula part)
54. Dried meat of game
59. Heralded
63. Heart of the ___ (Gem in 1997's "Titanic")
64. "___ & Leopold" (2001)
66. Keep

67. Hog not
68. Sort of sword
69. Pizzeria part
70. In the golf cup
71. Interpret, ___ into
72. ___ a soul

Down

1. "Get ___ Up" by John Mellencamp

2. Bobby or Brett of hockey
3. Film director Mr. Petri
4. City in India
5. Gig for Steve Jobs' successor Tim Cook: 2 wds.
6. So-so grade
7. Downer

8. City on Vancouver Island
9. Ancient paper
10. Did in, dragon fight style
11. Saver of someone
12. Botanical leaf-to-stem angle
13. Canadian country legend/yodeller

- Mr. Carter (b.1904 - d.1996)
21. On the road
23. Use up
26. Partitioned
27. ___ green
28. Cold cuts counters, commonly
29. Baby bird sounds
30. Quebec 'lake'
31. Charm
32. Illustrious
33. Like a satisfying snack
36. Andrew Scheer, as he is addressed by MPs in the House of Commons: 2 wds.
39. Wapiti
41. Defence contractor, ___ Martin Canada
44. ___ glass windows
46. A Doll's House wife
49. Job [abbr.]
51. House: French
54. Victoria Beckham, as a Spice Girl
55. Grand Canyon sound
56. Repast
57. She-horse
58. Neck's back
60. Volcano flow-er
61. At all
62. Disavow
65. Coffee alternative

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

7°/0°
Showers

Saturday

4°/-1°
Variable

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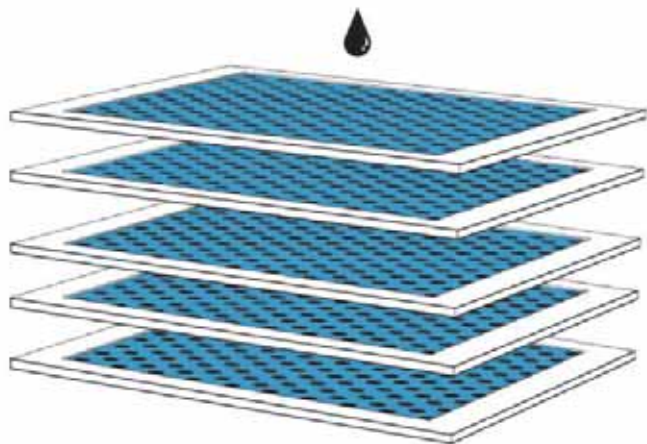
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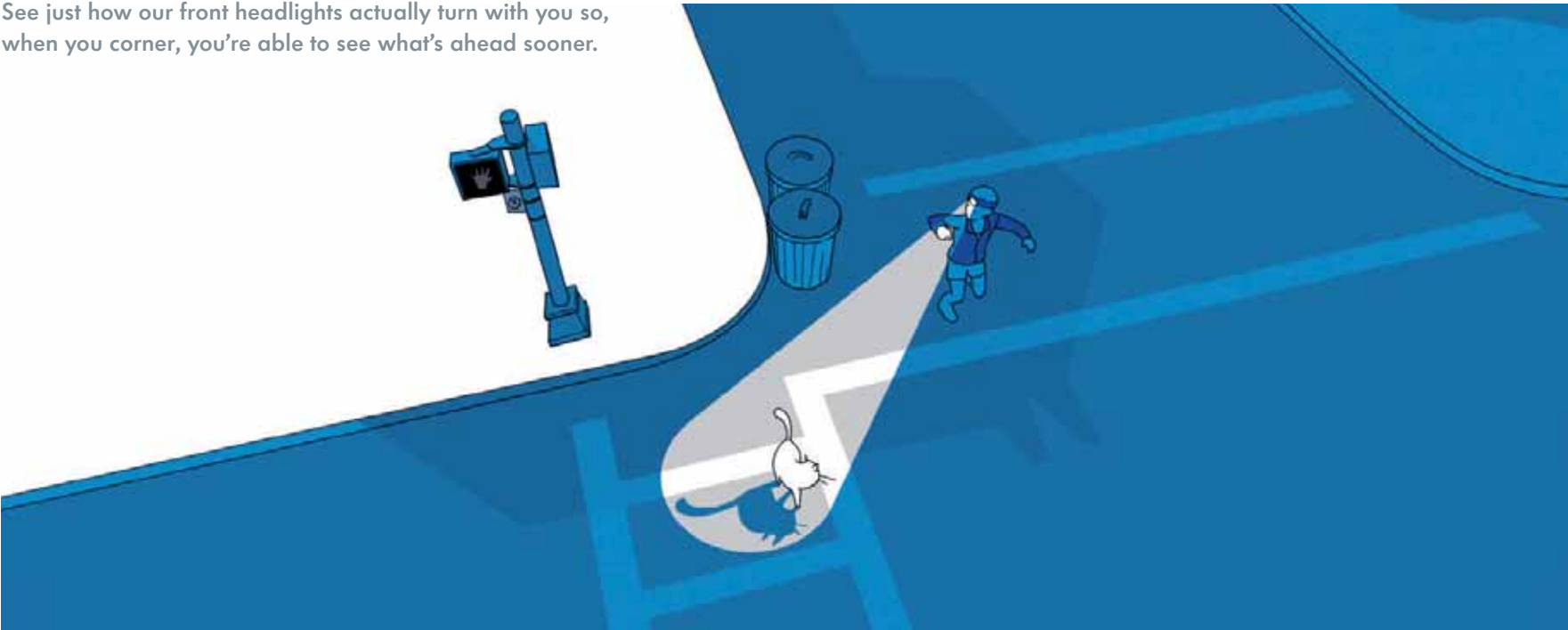
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